BEST PRACTICE I

SEVANAHASTHAM – A HELPING HAND TO CHANGE LIVES

MONKEYPOX AWARENESS PROGRAMME 20.08.2022

Brochures



PUSHPAGIRI COLLEGE OF PHARMACY

(A Unit of Pushpagiri Medical Society)
Pushpagiri Medicity, M. C. Road, Parumthuruthy P.O., Tiruvalla 689 107, Karala, India.
Approved by Govt. of Kerala, Pharmacy Council of India, AICTE
and Affiliated to Kerala University of Health Sciences (KUHS)



Monkey Pox Awareness Campaign 19.08.2022 10.00 AM

Inaguration



Sri.Jose Pazhadom

Presided by



Fr.Aby Vadakkumthala

Felicitation



Sri.Mathews Chalakuzhy

- Public Meeting
- Flash Mob
- Awareness Classes
- Pamplet Distribution

Venue: KSRTC Bus Terminal

Tiruvalla



PUSHPAGIRI COLLEGE OF PHARMACY MEDICITY CAMPUS, THIRUVALLA



DEPARTMENT OF PHARMACY PRACTICE
IN ASSOCIATION WITH
NSS UNIT

MONKEYPOX PUBLIC AWARENESS PROGRAM





LET'S DEFEND TOGETHER

For More Information: 9746442341

www.collegeofpharmacy.pushpagiri.in



PUSHPAGIRI COLLEGE OF PHARMACY, MEDICITY CAMPUS, THIRUVALLA



MONKEYPOXCOMMUNITY AWARENESS PROGRAM & COUNSELLING



Awareness c<u>lass</u>

Pamphlet distribution & counselling

Flash Mob



20.08.2022 10.00 AM



Community hall, Peringara Gramapanchayath



DEPARTMENT OF PHARMACY PRACTICE IN ASSOCIATION WITH NSS UNIT

For More Information: 9746442341 www.collegeofpharmacy.pushpagiri.in



MONKEYPOX AWARENESS PROGRAMME 20.08.2022

Report

REPORT ON MONKEYPOX AWARENESS PROGRAMME

Organized by Department of Pharmacy Practice in Association with NSS Unit

A public & community awareness program on monkey pox was organized by the Department of Pharmacy Practice in association with N.S.S Unit on 19th & 20th of August 2022. The first day public awareness programme was organized at 10.00 am in KSRTC Bus Terminal, Thiruvalla. The programme commenced with the welcome address by Prof. Dr. Santhosh M Mathews, Principal, Pushpagiri College of Pharmacy in which he emphasized on the importance of public awareness about monkey pox. Followed by the welcome address, Rev. Fr. Aby Vadakkumthala (Director-Institutions, Pushpagiri Medical Society) delivered the Presidential Address. Mrs. Malini S (Associate Professor, Pushpagiri College of Pharmacy), gave an elaborate description about the history, causes, symptoms and prevention of monkey pox and boosted the public with selfawareness on the issue prevalent in the present situation. Followed by the subject introduction, inaugural address was delivered by Shri. Jose Pazhyadom (Vice Chairman-Thiruvalla Municipality). A leaflet prepared by Department of Pharmacy Practice highlighted the history, symptoms, diagnosis, prevention as well as the treatment options for monkey pox was unveiled by Vice Chairman & handover to the general public. Felicitation for the program was delivered by Shri. Mathews Chalakuzhy (Counsellor, Thiruvalla Municipality). The inaugural function was concluded with vote of thanks by Dr. Nithin Manohar R, (NSS coordinator & vice principal). As part of awareness programme, fifth Year Pharm D students performed a flash mob in front of KSRTC bus terminal. A total of 28 students and 6 faculty members awared the public about this issue with the help of leaflet. The students actively took part in educating the public and ensured that all doubts regarding monkey pox were clarified. The team returned at 11.00am after successful completion and refreshments were provided at the college.

A community awareness programme was organized in the next day at Community hall, Peringara Gramapanchayath. The programme commenced at 10.00am with a prayer song by Kudumbasree members of Peringara Gramapanchayath. The welcome address was delivered by Prof. Dr. Santhosh M Mathews (Principal, Pushpagiri College of Pharmacy) followed by the presidential address from Rev. Fr. Aby Vadakkumthala (Director- Institutions, Pushpagiri Medical Society). Mrs. Latha Kumari (Junior health inspector, Peringara Gramapanchayath) inaugurated the programme. In her inaugural address, she highlighted the importance of providing awareness about monkey pox to the local community. During her inaugural address, leaflet was also distributed to the audience. Felicitation for the program was delivered by Mrs. Sharmila Sunil (Ward member, Peringara Gramapanchayath) & Mrs. Ambily Reji (ASHA worker, Peringara Gramapanchayath). The inaugural function ended up with the vote of thanks delivered by CDS coordinator, Peringara Gramapanchayath. Followed by inaugural function, flash mob was performed by fifth Year Pharm D students. Students and faculties visited around 40 nearby houses of the panchayat and counselled the community about various aspects of monkeypox. The public appreciated the effort by the institution and took a vow to spread the message to prevent and control monkeypox so as to protect the society. The feedback was collected from the community and they also encouraged the students to conduct this kind of awareness programmes in future. The programme was wrapped up by 12.00 Manta Principal pm with refreshment.

Coordinator

DIABETES MEDICAL CAMP 25.02.2023

Brochure



PUSHPAGIRI COLLEGE OF PHARMACY PERUMTHURUTHY, THIRUVALLA



Department of Pharmacy Practice & NSS Unit

Organizing

DIABETES MEDICAL CAMP

in coordination with





25.02.2023



10 am-12 pm (



Peringara Grama Panchayat

SERVICES OFFERED:

- FAT MONITORING (WEIGHT, BMI, BODY FAT, VISCERAL FAT, BODY AGE, RM)
- GLUCOSE MONITORING (RANDOM BLOOD SUGAR)
- BLOOD PRESSURE MONITORING
- DIET COUNSELLING

For more information contact

9746442341

REGISTRATION STARTS AT 9.00 AM



DIABETES MEDICAL CAMP 25.02.2023

Report

REPORT ON DIABETIC MEDICAL CAMP 25th FEBRUARY 2023

Organized by: Department of Pharmacy Practice & NSS Unit in Association with British Biologicals

Department of Pharmacy Practice & N.S.S Unit in association with British Biologicals conducted a Diabetic Medical Camp at Peringara Grama Panchayath and Health check-up for staff at Pushpagiri College of Pharmacy on 25th of February 2023. Medical Camp mainly focused on Fat Monitoring, Glucose Monitoring, Blood Pressure Monitoring and Diet Counselling.

The programme commenced at 10.00 am by invoking blessings from the Almighty through college choir. The College principal, Prof. Dr.Santhosh M Mathews formally welcomed the gathering and Rev.Fr. Aby Vadakkumthala, Director – Pushpagiri group of Institutions in his presidential address high lightened the importance of medical camp. The inaugural speech was given by Shri. Soman Thamarachalil (Pulikeezhu Block Member) and felicitation done by Mrs. Ragini Biju (CDS Kudumbashree Unit) and Mrs. Ambili (Asha worker- Peringara Panchayath)

The event started off with health talks about Lifestyle Disorders and its Management strategies by Mrs.Runa Cherian (Zonal Dietician) followed by Medical Camp and House visit by the students of sixth year Pharm D. Diet counselling was done by dieticians of British Biologicals. Nearly 100 members were participated in the camp. Mr. Anil Sekhar, RBM,British biologicals Stated that they are interested in Medical camp and also, they offered future co operations for conducting further camp. The NSS Co ordinator, Dr Nithin Manohar R proposed the Vote of Thanks.

The Medical camp was a great success by the combined effort of the Organizing Committee with strong support from Prof. Dr. Santhosh M Mathews, Principal, Rev. Fr. Aby Vadakkumthala, Director-Institutions, Dr Nithin Manohar (Vice Principal), Mrs Malini S (Programme Convener and Associate Professor, Dept. of Pharmacy Practice), Mrs Rani Manju, Mrs Archana Vijay, Mrs Julie Mariam Joshua, Pheba Susan Thomas and the ASM and Medical Representatives of British biologicals.

TIRUVALLA, KERALA

PIN: 889 107

CITY CAN

Mrs. Malini S

Convener

Prof. Dr. Santhosh M. Mathews

Principal

Principal
Pushpagiri Callage of Pharmacy
Medicity Compus, Tiruvalla
Kerala - 68ti 107, Kerala

BEST PRACTICE II

IMPLEMENTATION OF GREEN INITIATIVES

WATER DAY 22.03.2023

Brochure



Organized by Nature Club in association with IQAC & Department of Pharmacognosy

Programme

Welcome address: Dr.M Rajkumar

HOD, Department of Pharmacognosy

Speech: Alana Elizabeth Mathew

Second Year Pharm.D

Mime: Third Year Pharm.D

Vote of Thanks: Anju A Varghese

Associate Professor,

Department of Pharmacognosy

Note: A poster competition will be conducted on 21/03/2023

Venue: Auditorium at 03.00 PM

WATER DAY 22.03.2023

Report

WORLD WATER DAY

On 22nd March 2023, World Water Day was organized by Nature club in association with IQAC and Department of pharmacognosy in Pushpagiri college of pharmacy. The programme was started by 3.15 pm and was held in Mar Theophilos Annex Auditorium was commenced with a prayer song by the college choir. It was followed by the welcome speech given by Dr. Rajkumar, HOD, Department of pharmacognosy. The speech was given by Alina Elizabeth Mathew, second year Pharm D student about the importance of water. World Water Day 2023 on how we should conserve water followed by a meaningful Mime performed by Third year Pharm D students about the accelerating change. A poster competition was also conducted on 21/03/2023. The prize distribution was also there for the winners. The programme was ended up with the vote of thanks delivered by Ms. Anju A Varghese. The programme was a motivating and informative one for the students and to the gatherings.

CONVENER

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PRINCIPAL

Principal
Pushpagiri College of Pharmac
Medicity Campus, Tiruvalla
Kerala - 689 107, Kerala

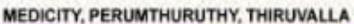
ENVIRONMENT DAY 05.06.2023

Brochure



PUSHPAGIRI







World Environment Day

Theme: #BeatPlasticPollution

ON JUNE 5th 2023

Organized by Nature Club in Association with IQAC and Department of Pharmacognosy

ENVIRONMENT DAY 05.06.2023

Report

WORLD ENVIRONMENT DAY

World Environment Day was organized by Nature club in association with IQAC and Department of pharmacognosy in Pushpagiri college of pharmacy on June 5th, at 2.15 pm to inspire the youth to take appropriate measures for ecosystem restoration of degraded habitat. The main part of the celebration was tree planting ceremony in which saplings were planted in the campus by dignitaries like Rev. Fr. Aby Vadakkumthala, Principal Prof. Dr. Santhosh M Mathews who elaborated on the idea of ecological commitment. The tree planting ceremony was well done with cooperation of staffs and students. He discussed the importance of sustainable environment and also explained about this year's Environment Day theme "Beat Plastic Pollution".

The Institute has a large area campus of about 110 acres is occupied by thick natural vegetation constituting herbs, shrubs, trees and climbers. The flora of Pushpagiri College of Pharmacy campus is rich and very interesting. It provides home for animals, birds, reptiles, butterflies, insects, honeybees etc.

The Pushpagiri college authorities have established Pushpagiri College Nature Club for environmental education, conservation and protection of biodiversity on the campus. It is the centre for nurturing of knowledge, enlisting the co-operation of volunteers and the inflow plough of new ideas and their implementation. Nature Club was set up to create among the students the awareness about the importance of protecting our nature and environment.

The students and staffs were enthusiastic in their participation and gave special attention to the trees and medicinal plants planted.

CONVENOR

TIRUVALLA, KERALA
PIN: 689 107

ARDICHY CAMPAS

Principal
Pushpagiri College of Pharmacy
Medicity Campus, Tiruvalla
Kerala - 689 107, Kerala

IMPLEMENTATION OF GREEN INITIATIVES

Evidence of Success



