

REPORT ON WORLD HERITAGE DAY

World Heritage Day, also known as International Day for Monuments and Sites (IDMS), is celebrated annually on April 18 to honour and preserve our heritage. The official theme for World Heritage Day 2024 is **“Discover and experience diversity”**.

Pushpagiri College of Pharmacy commemorated the day by organizing a visit to the museums (Revi Karunakaran Memorial Museum & International Coir Museum) at Alappuzha. Department of Pharmacology in association with NSS Unit arranged the visit. 22 students of Pharm.d II year participated in this event. The journey started from college close to 9:30 AM.

By around 10:45 AM we reached The International Coir Museum located at Kalavoor in Alappuzha district, the hub of coir industry in Kerala. The museum showcases the journey of coir from its initial uses as a daily utility product to the diversified uses that it has today. The museum works on the theme 'coir beautiful' and exhibits various details about the process and extraction of coir fibre to the mechanization of the sector. The museum also houses a souvenir shop where visitors can have a glimpse of various products and can have the joy of shopping a wide range of coir handicrafts, coir doormats, coir ornaments etc.

We reached Revi Karunakaran Memorial Museum approximately by 11:30 am. It is a privately owned museum located at Alappuzha, Kerala, India that displays decorative art and artifacts, including a large private collection of Swarovski crystals in the world along with porcelain, jade, ivory, Keralan artifacts, furniture, and Tanjore paintings. The museum is noted for its architectural characteristics such as the frontal Greco-Roman columns and occupies an area of 28,000 sq ft. A unique feature of the museum is that visitors can see and experience the four major religions of India (Hinduism, Islam, Buddhism and Christianity) that are

represented with equal prominence across the murals, ivory collection, Kerala room and other items on display. By around 3:45 PM we reached college .It was a worthwhile experience for all and the students got a realization that Heritage is a valuable resource that should be protected and conserved It is our legacy from the past, what we live with today, and what we pass on to future generations.

Coordinators

Mrs. Preethu.P.John

P.P.J.

Ms. Neethi Shaju

Neethi



Principal

Mathews

Dr. Santhosh.M.Mathews

Principal

**Pushpagiri College of Pharmacy
Medicity Campus, Tiruvalla
Kerala - 689 107, Kerala**

PUSHPAGIRI COLLEGE OF PHARMACY
Second Year Pharm. D

Sl. No	Name of the Student	Signature	Remarks
1	ANN ELIZABETH CHERIAN	<i>Ann Elizabeth</i>	
2	ARYA THERES JOHNY	<i>Arya</i>	
3	DALIYA XAVIER	<i>Dalija</i>	
4	JISSA SUSAN JOHNSON	<i>Jissa</i>	
5	JOSHNA THOMAS	<i>Joshna</i>	
6	KRIPA MERY ELDO	<i>Kripa</i>	
7	LYNN SUSAN GEORGE	<i>Lynn</i>	
8	MEGHA ANN JACOB	<i>Megha</i>	
9	MELEESA BIJU	<i>Meleesa</i>	
10	MILCAH SUSSAN SUBHASH	<i>Milcah</i>	
11	MINAL SARA NAZARUDDIN	<i>Minal</i>	
12	MINCY CHINNU VARGHESE	<i>Mincy</i>	
13	NIDHI MARIAM JOHN	<i>Nidhi</i>	
14	REBECCA REJI	<i>Rebecca</i>	
15	SANIYYA T S	<i>Saniyya</i>	
16	SAVERI S VENU	<i>Saveri</i>	
17	SHALIN SANTHOSH JACOB	<i>Shalin</i>	
18	SONA JENNY	<i>Sona</i>	
19	STEPHY SAM	<i>Stephy</i>	
20	SWAHWA V SATHAR	<i>Swahwa</i>	
21	TWINKLE CHACKO	<i>Twinkle</i>	
22	STELLA MARY BIJU	<i>Stella</i>	

Mintz

Principal
Pushpagiri College of Pharmacy
Medical Campus, Tiruvalla
Kerala - 689 107, Kerala



PV

Preethu. P. John. ✓

Neethi ✓

Neethi Shaju.



PUSHPAGIRI
COLLEGE OF PHARMACY
MEDICITY, PERUMTHURUTHY, THIRUVALLA



WORLD HERITAGE DAY
APRIL 2024

18.04.2024

VISIT TO MUSEUM, ALAPPUZHA

Organised by:

DEPARTMENT OF PHARMACOLOGY

in Association with:

NATIONAL SERVICE SCHEME





PUSHPAGIRI
COLLEGE OF PHARMACY
MEDICITY, PERUMTHURUTHY, THIRUVALLA



NAAC
NATIONAL ASSESSMENT AND
ACCREDITATION COUNCIL

WORLD HERITAGE DAY
APRIL 2024

18.04.2024

VISIT TO MUSEUM, ALAPPUZHA

Organized by: [unintelligible]
in Association with: NATIONAL SERVICE SCHEME



GPS Map Camera

Alappuzha, Kerala, India

H87H+389, Aloor, Kalavoor, Alappuzha, Kerala 688522, India

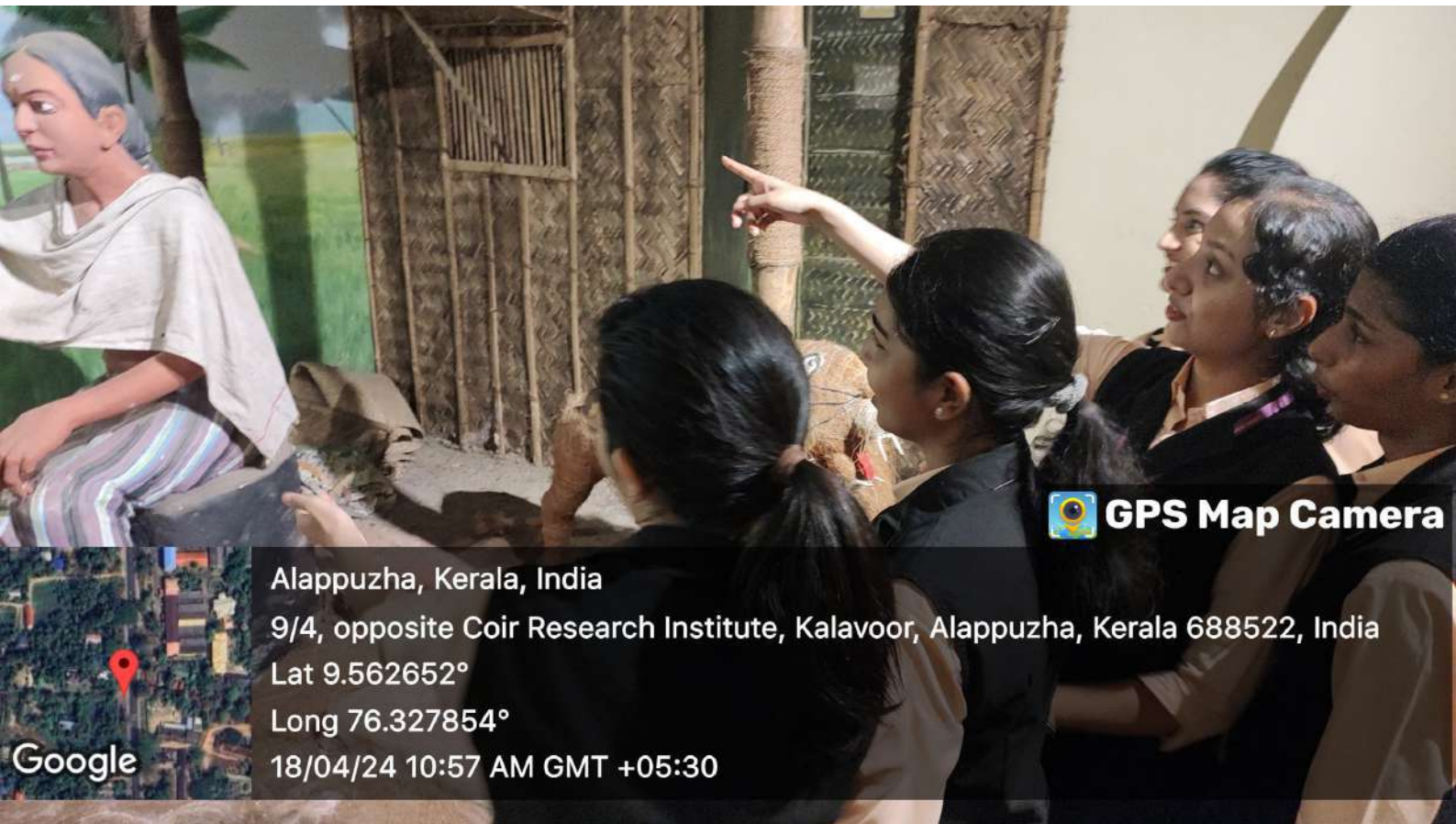
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Long 76.328414°

18/04/24 11:07 AM GMT +05:30



Google



 **GPS Map Camera**

Alappuzha, Kerala, India

9/4, opposite Coir Research Institute, Kalavoor, Alappuzha, Kerala 688522, India

Lat 9.562652°


Long 76.327854°

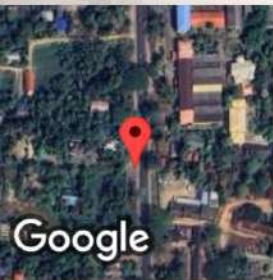
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Google



 **GPS Map Camera**



Alappuzha, Kerala, India

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Lat 9.562661°

Long 76.327873°

18/04/24 10:55 AM GMT +05:30

7 DAYS NSS SPECIAL CAMP

CAMP REPORT [23/02/2024 TO 29/02/2024]

Name of the College :- Pushpagiri College of Pharmacy, Tiruvalla
Unit Registration Number :- NSS/SFU/PNT/KUHS/7
Name of the Programme Officer :- Mrs. Anju V

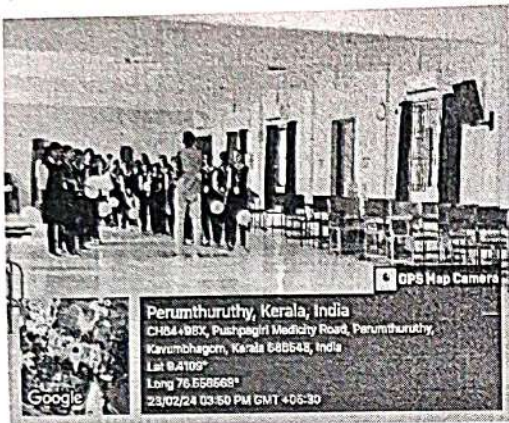
DAY 1 [23/02/2024-FRIDAY]

The first day of NSS Special camp commenced with an inaugural function. The programmes started with a flashmob by NSS volunteers revealing the NSS Special camp banner. Mrs. Anju V, NSS programme officer welcomed the gathering. The chief guest and inaugurator of the function was Dr. Ajithsen C.R, NSS Co-ordinator, IHRD cell and Associate professor of College of Engineering, Chengannur officially inaugurated the seven days NSS camp. Rev. Fr. Aby Vadakkumthala, Director, Pushpagiri Group of Institutions, Rev. Dr. Antony Chethipuzha, Spiritual Director, Medicity Campus and Dr. Santhosh. M. Mathews, Principal gave felicitations. The lamp lighting of the camp were done by all the dignitaries.

It was followed by an orientation session led by Dr. Ajithsen C. R, NSS Co-ordinator, IHRD cell and Associate professor of College of Engineering, Chengannur. The history, duties and activities of an NSS volunteer and transformation from NSS volunteer to NSS leader was the motto of his session. The camp activities to be done and programmes that can be organized by the volunteers were clearly explained with various games and activities and enhanced leadership qualities in each student. A memento was presented to the chief guest as a token of our love and gratitude.

The day was followed by campus cleaning activities and short games.



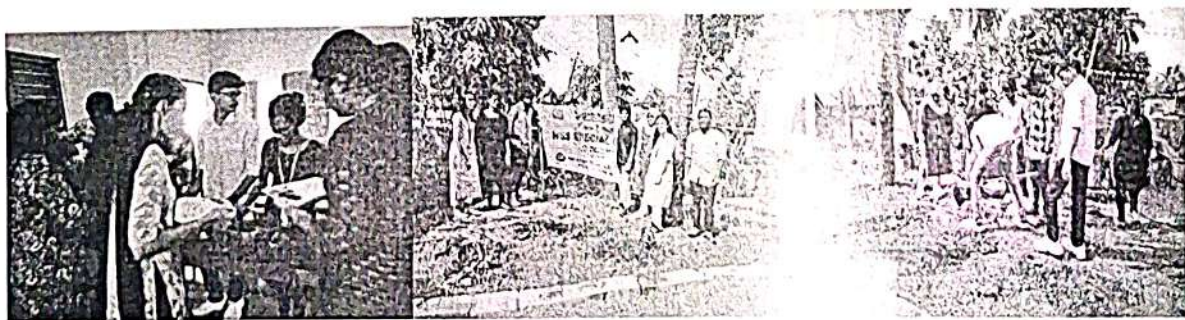
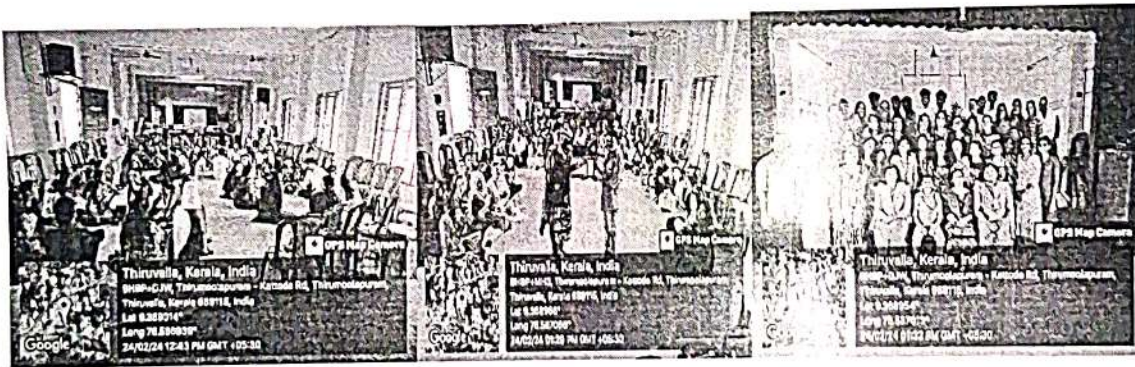


DAY 2 [24/02/2024]- Saturday

The second day of the camp activities commenced with a daily work out followed by camp arrangements at St.Thomas H.S.S, Thirumoolapuram. Mr.Biju Mavelikkara, Infotainment Social Facilitator led the ice breaking session. The theme of the session was "Wake, Rise and Unite". The session aimed to motivate the volunteers physically, mentally and socially. The students were grouped and given activities and the initiative to perform each and every person's talents and through group activities the importance of unity was made aware to the volunteers.

After lunch, the camp activity is to set a medicinal garden in the school campus. The students collected various medicinal plants and maintained. The importance and uses of each medicinal plants were identified by the student volunteers.

The evening session school campus cleaning activities were done at night they spend their time to prepare NSS Manual. They planned various short games and lights were off.

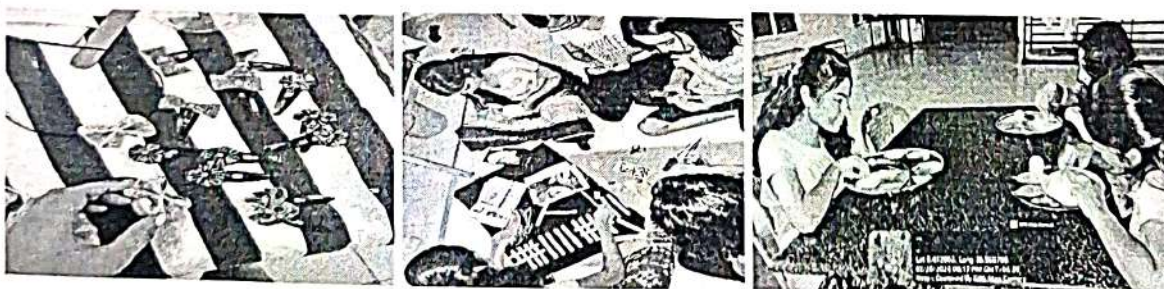
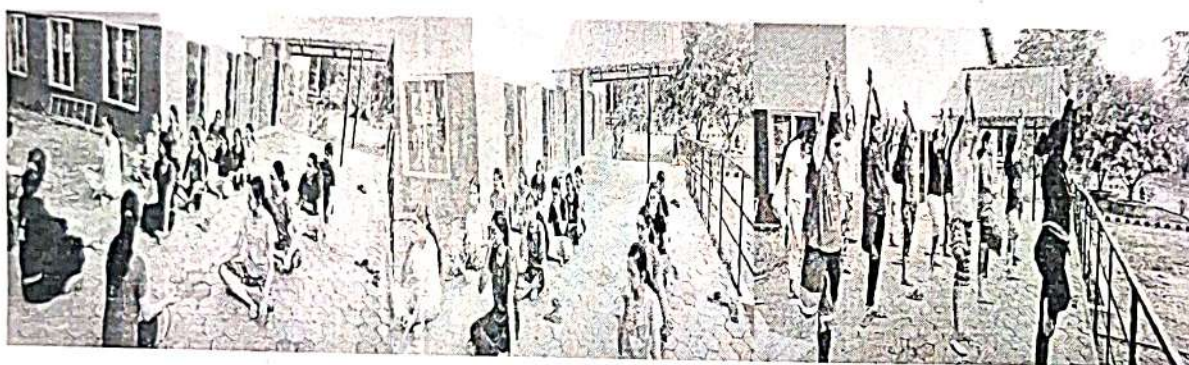


DAY 3 [Sunday]-25/02/2024

The camp activities of Day three started with a yoga class led by the student volunteers itself. The group yoga rejuvenates their body and mind. The activities planned on that camp day is to conduct a health survey in the adopted village chosen by the group. The volunteers were made

into several groups and they visited the villagers and asked about the medications they are taking daily. The importance of taking medications at the right time, right dose and the precautions they should take while missing a dose were explained to them. The medicine requirements of the villagers were collected and it was a great experience for the student volunteers. After lunch break the volunteers were involved in the maintenance of sneharamam. Many of the plants placed were found to be damaged and lost.

The students were involved in craft making classes led by the student volunteers and made small items like clips, wall hangings, flower vase and pen with waste material. Followed by this the students performed various cultural programmes in the evening session. At night group discussions on camp activities were done and a camp fire was set up and with dinner camp activities of the day came to an end.

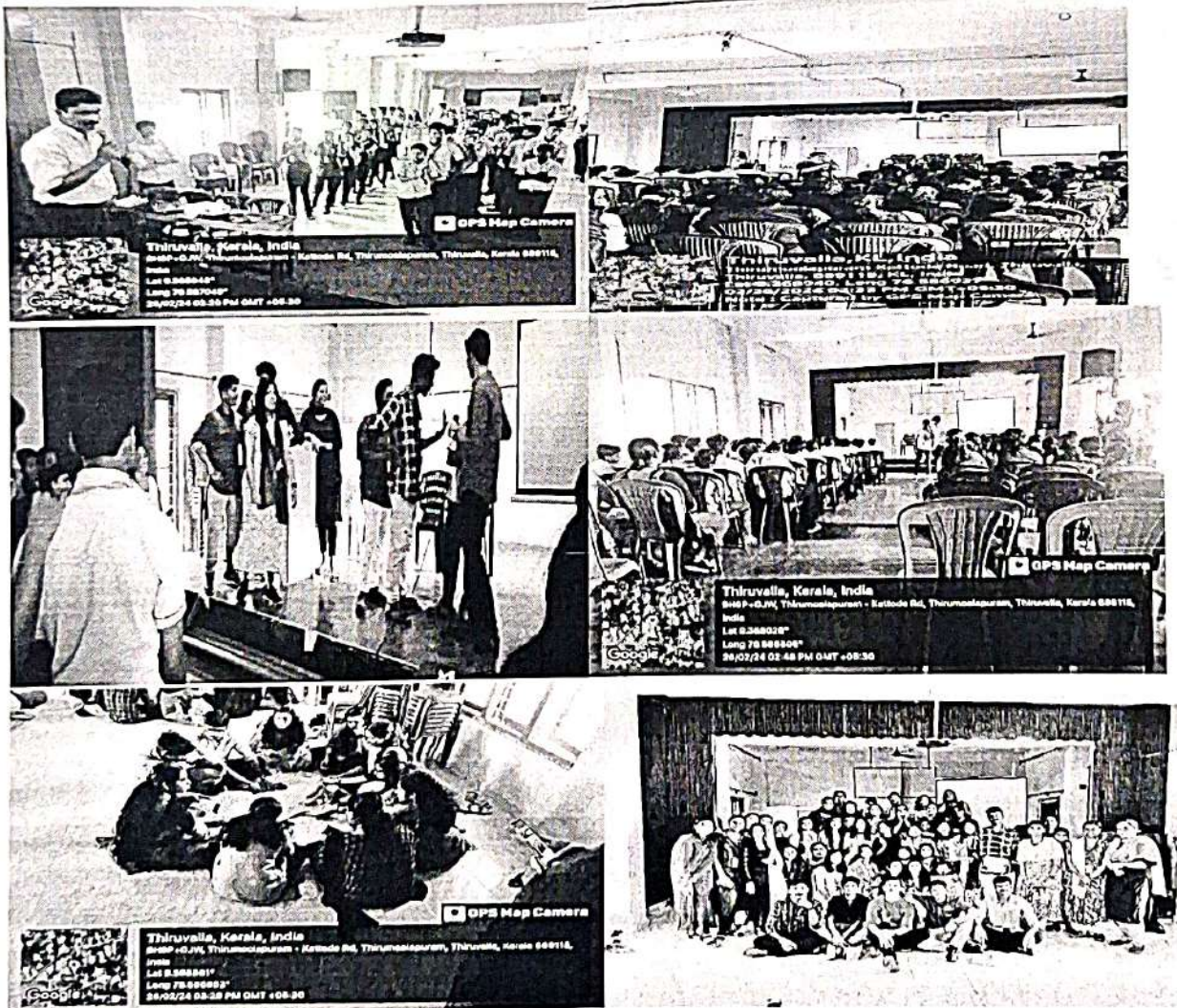


DAY 4 [Monday]-26/02/2024

The fourth day of camp activities commenced with a warm up session followed by breakfast. The students attended a seminar on stress relief in day to day life. The health of a person depends upon the physical conditions facing in day to day life. The seminar gave light into a stress free life for a sound body and mind. It was followed by lunch break. The afternoon time the volunteers arranged an awareness class to the students of St. Thomas school on Drugs and their

usage and overuse and deficiencies associated with life style. The classes were taken by the NSS Volunteers Mrs. Akhila Varma and Mr. Noel John. The students performed a skit showing the importance of avoiding drugs in daily life. Various fun games and activities were also planned for the school students.

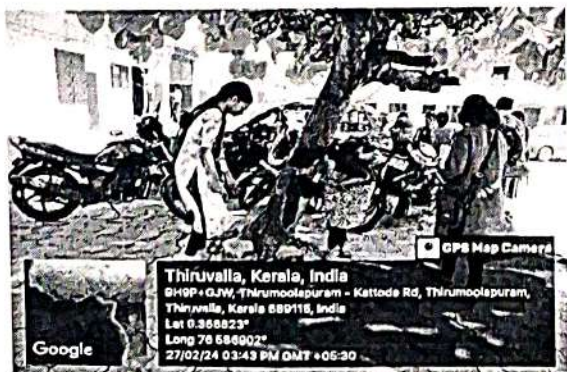
At the evening session medicinal garden maintenance at the school campus were conducted and short debate sessions on various topics were also done. The students have made group craft work activities that enhances their skills. Attractive crafts items with waste materials were made. The camp activities ended with dinner.

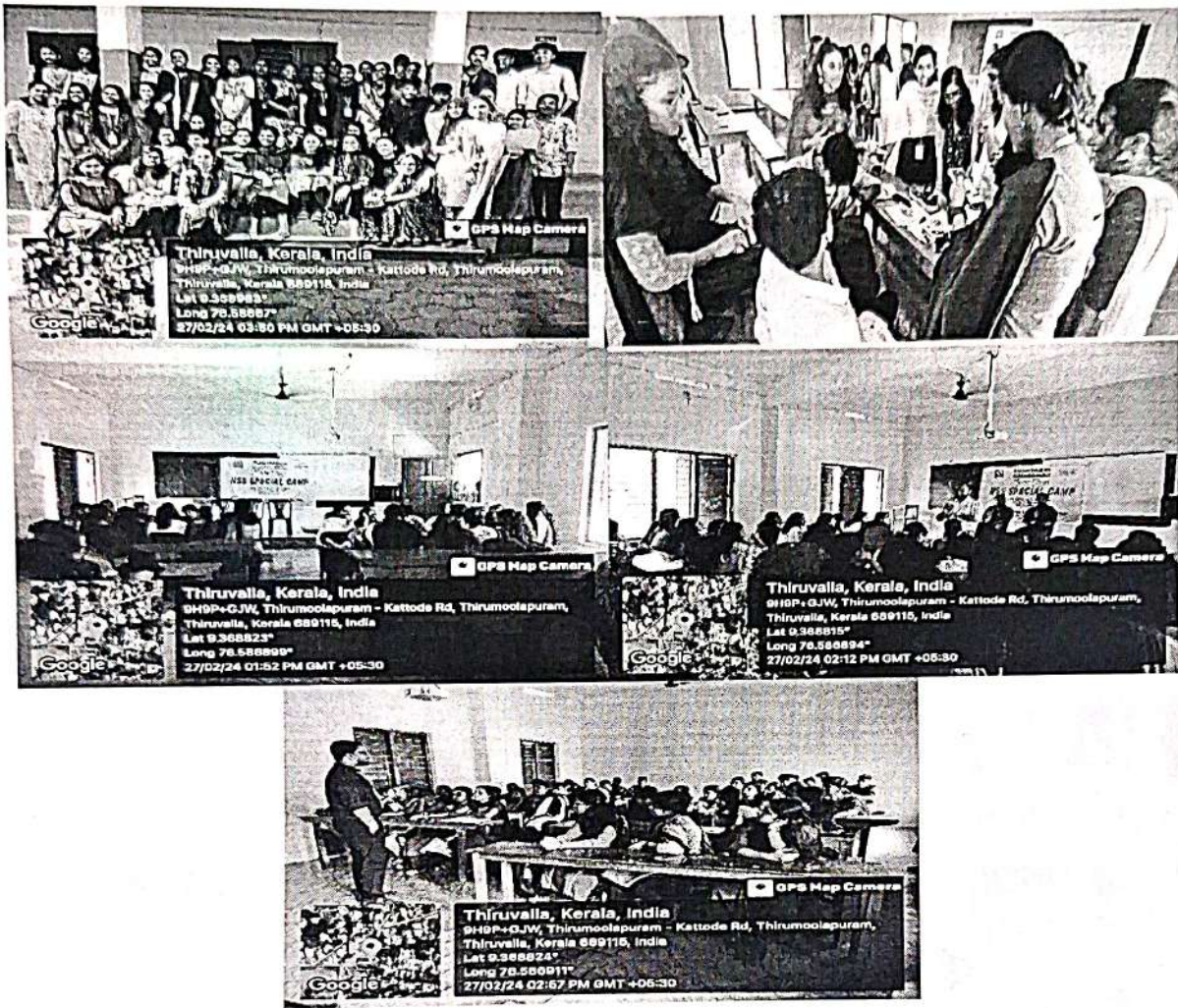


DAY 5 [Tuesday]-27/02/2024

The fifth day of the camp also started with a warm up session .The students themselves prepared small craft items for collecting fund for the NSS unit activities. The prepared items can be sold and collections can be utilized effectively for future NSS activities. The morning session was filled with music and activities. After lunch break an awareness session on Drug abuse and illicit trafficking were conducted. The sessions were conducted by Mr. Vijaylal, Consultant Psychologist, Psychology Department of Pushpagiri Medical College Hospital and Dr. Derrick Johnson, Senior Resident, Department of psychiatry, Pushpagiri Medical College Hospital. They have discussed various problems and incidents related to use of drugs and cases came across their professional life relating drug abuse and their reasons and how to overcome the ill effects of drugs. The student volunteers asked doubts related to the topics. The doctors were presented with gifts as a token of our love and gratitude.

As the camp activities in the school campus ended and as a token of our gratitude towards the school management and principal, the volunteers collected an amount and presented to the principal for the construction of Seewage treatment plant as a helping hand.The principal made a vote of thanks and the camp activities were evaluated.





DAY 6 [28/02/2024]

The sixth day of the seven days camp commenced with a visit to “Abhayabhavan” old age home near Muthoor, Tiruvalla. The students have arranged an offering box and collected the daily necessary requirements needed for the inmates of the old age home. The collected items were packed and gifted to old age home. The amount collected from craft activities and fund collected from staff members of the college were also donated to the old age home as a helping hand. The occupants of the old age home were mothers suffering from diseases, mental illness and those who have been left behind. The volunteers interacted with the occupants and performed various activities and programmes filled with music and dance. The occupants also involved and joined with students and performed their talents. That made the day and the volunteers got an opportunity to think about themselves and their deeds and needs to the family and society. After

lunch break the reports were prepared and the time is utilized for the preparation of NSS newsletter.

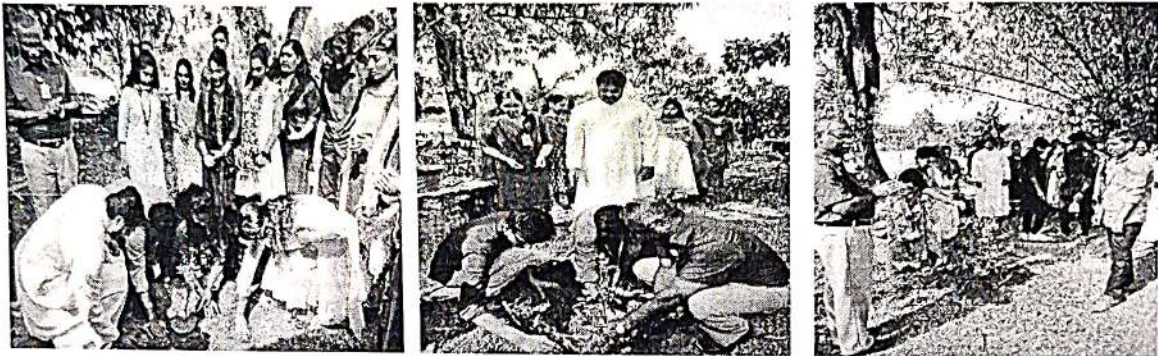
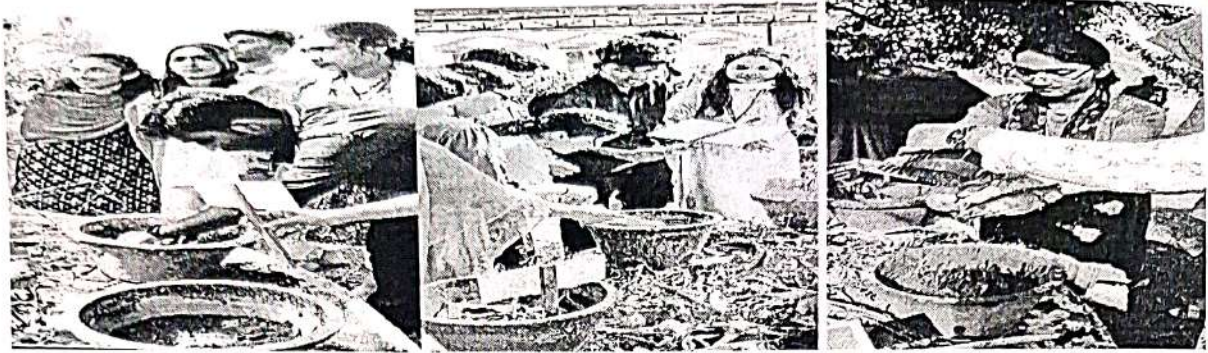


DAY 7|29/02/2024|-Thursday|

The final day of the camp was constituted in the college campus. Students utilized the day for the medicinal garden preparation in the college in association with Nature club of the institution. Various medicinal plants were planted and name boards of their botanical names were prepared. The director, principal and other staff members of Nature club and NSS were actively participated for medicinal garden preparation. Student volunteers also brought various medicinal plants and made the activity of the day fruitful.

It was followed by the valedictory function of the 7 days camp. The function commenced with a prayer song followed by welcome address by Mrs Sreekavya.B -NSS staff member followed by camp report reading by programme officer Mrs Anju.V. Rev.Fr.Aby Vadakkumthala-Director, Pushpagiri Group of Institutions, Principal Prof.Dr.Santhosh.M.Mathews, Vice Principals, Staff members of NSS unit were attended the function and gave felicitations. The camp activities were evaluated and the student volunteers were provided with certificates and gifts. The NSS Newsletter was officially unveiled by Rev. Fr. Aby Vadakkumthala and presented to principal. All the day camp activities and reports were included in the manual in written form. The staff members and programme officer were also gifted with a memento of appreciation for the successful conduct of camp activities. The function ended with a vote of thanks by Mrs.Anju.A.Varghese-NSS staff member followed by NSS anthem performed by the students.





Anju V

Mrs. Anju V
Programme Officer

Maths

Prof. Dr. Santhosh M Mathews
Principal



Principal
Pushpagiri College of Pharmacy
Medicity Campus, Tiruvalla
Kerala - 689 107, Kerala

NSS 7 DAYS SPECIAL CAMP VALEDICTORY FUNCTION

PROGRAMME SCHEDULE

Date: 29/02/2024

Venue: Mar Theophilus Annexe Auditorium

Time: 1.00 PM-3.00 PM

- Prayer song : NSS Volunteers
- Welcome Speech : Mrs. Sreekavya B
(Faculty member, NSS Unit,
Pushpagiri College of Pharmacy)
- Felicitation : Fr. Aby Vadakkumthala
(Director, Pushpagiri Group of Institutions)
- : Prof. Dr. Santhosh M Mathews
(Principal, Pushpagiri College of Pharmacy)
- Report Reading : Mrs. Anju V
(NSS Programme Officer,
Pushpagiri College of Pharmacy)
- Feedback : NSS volunteers

NSS NEWSLETTER RELEASE

CERTIFICATE DISTRIBUTION

- Vote of Thanks : Mrs. Anju A Varghese
(Faculty member, NSS Unit,
Pushpagiri College of Pharmacy)

NSS ANTHEM



ANIL ELIZABETH JOJO								
FATHIMA MAJEED	Fathima	Fathima	Fathima	Fathima	Fathima	Fathima	Fathima	Fathima
4 GOPIKA ANIL NAIR	Goika	Goika	Goika	Goika	Goika	Goika	Goika	Goika
25 GOUTHAM KRISHNA	Gk	Gk	Gk	Gk	Gk	Gk	Gk	Gk
26 IRIN FRANCIS	Irin	Irin	Irin	Irin	Irin	Irin	Irin	Irin
27 JASMIN TOMY	Jasmin	Jasmin	Jasmin	Jasmin	Jasmin	Jasmin	Jasmin	Jasmin
28 JIBI MARIYAM YOHANNAN	Jibi	Jibi	Jibi	Jibi	Jibi	Jibi	Jibi	Jibi
29 JINI JOSEN	Jini	Jini	Jini	Jini	Jini	Jini	Jini	Jini
30 JISSA JOSE	Jissa	Jissa	Jissa	Jissa	Jissa	Jissa	Jissa	Jissa
31 KRISHNAPRIYA K P	Krishna	Krishna	Krishna	Krishna	Krishna	Krishna	Krishna	Krishna
32 KRISTA RAICHEL JOHNSON	Krista	Krista	Krista	Krista	Krista	Krista	Krista	Krista
33 LISHA S	Lisha	Lisha	Lisha	Lisha	Lisha	Lisha	Lisha	Lisha
34 NAVAMI BIJU	Navami	Navami	Navami	Navami	Navami	Navami	Navami	Navami
35 NEERAJKRISHNAN R	Neera	Neera	Neera	Neera	Neera	Neera	Neera	Neera
36 NIKITHA ANTONY	Nikitha	Nikitha	Nikitha	Nikitha	Nikitha	Nikitha	Nikitha	Nikitha
37 NITHIN SAJI	Nithin	Nithin	Nithin	Nithin	Nithin	Nithin	Nithin	Nithin
38 NIVATHITHA SURESH	Nivathi	Nivathi	Nivathi	Nivathi	Nivathi	Nivathi	Nivathi	Nivathi
39 NOEL JOHN	Noel	Noel	Noel	Noel	Noel	Noel	Noel	Noel
40 PARVATHY BINU	Parvathy	Parvathy	Parvathy	Parvathy	Parvathy	Parvathy	Parvathy	Parvathy
41 ROSHNI SOSAMMA VARUGHESE	Roshni	Roshni	Roshni	Roshni	Roshni	Roshni	Roshni	Roshni
42 SITHARA S T	Sithara	Sithara	Sithara	Sithara	Sithara	Sithara	Sithara	Sithara
43 SNEHA ANN SAM	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha
44 SREEJITH NR	Sreejith	Sreejith	Sreejith	Sreejith	Sreejith	Sreejith	Sreejith	Sreejith
45 SWETHA S PILLAI	Swetha	Swetha	Swetha	Swetha	Swetha	Swetha	Swetha	Swetha
46 TIMOTHY K TOM	Timothy	Timothy	Timothy	Timothy	Timothy	Timothy	Timothy	Timothy



NSS 7 DAYS SPECIAL CAMP INAUGURATION

PROGRAMME SCHEDULE

Date: 23/02/2024

Venue: Mar Theophilus Annexe Auditorium

Time: 1.00 PM-4.00 PM

FLASH MOB

Prayer song : NSS Volunteers
Welcome Speech : Mrs. Anju V
(NSS Program Officer,
Pushpagiri College of Pharmacy)

LAMP LIGHTING AND BROCHURE RELEASE

Inaugural Address : Dr. Ajith Sen C.R
(Co-ordinator , NSS IHRD Cell)
Felicitation : Fr. Aby Vadakkumthala
(Director, Pushpagiri Group of Institutions)

ORIENTATION SESSION

Vote of Thanks : Mrs. Divya V
(NSS Co-Ordinator,
Pushpagiri College of Pharmacy)

NATIONAL ANTHEM



DAY 5 27/02/2024 - TUESDAY

- 8.00 AM - BREAKFAST
- 9.00 AM - WARM UP SESSION
- 10.00 AM - CRAFT MAKING
- 12.00 AM - LUNCH BREAK
- 2.00 PM - AWARENESS PROGRAMME
"DRUG ABUSE AND ILLICIT TRAFFICKLING"
- 5.00 PM - DISCUSSION
- 7.00 PM - REPORT READING
- 8.00 PM - DINNER

DAY 6 28/02/2024 - WEDNESDAY

- 8.00 AM - BREAKFAST
- 9.00 AM - YOGA
- 10.00 AM - VILLAGE HOUSE VISIT
- 12.00 PM - LUNCH BREAK
- 2.00 PM - ORPHANAGE VISIT
- 5.00 PM - MAGAZINE PREPARATION
- 7.00 PM - REPORT WRITING
- 8.00 PM - CULTURAL PROGRAMME
& TREASURE HUNT
- 9.00 PM - DINNER

DAY 7 29/02/2024 - THURSDAY

- 8.00 AM - BREAKFAST
- 9.00 AM - WARM UP SESSION
- 10.00 AM - NATURE CLUB ACTIVITY
- 12.00 PM - LUNCH BREAK
- 2.00 PM - CAMP REPORT READING
- 5.00 PM - VALEDICTORY FUNCTION
- 6.00 PM - CAMP DISPERSAL



**PUSHPAGIRI COLLEGE OF
PHARMACY THIRUVALLA**

7 DAYS

NSS SPECIAL CAMP

23/02/2024-29/02/2024

VENUE: ST. THOMAS H.S.S., THIRUMOOLAPURAM

**ORIENTATION CLASS
ICE BREAKING SESSION
AWARENESS CLASS
SKILL DEVELOPMENT CLASS**



Games Fun Music



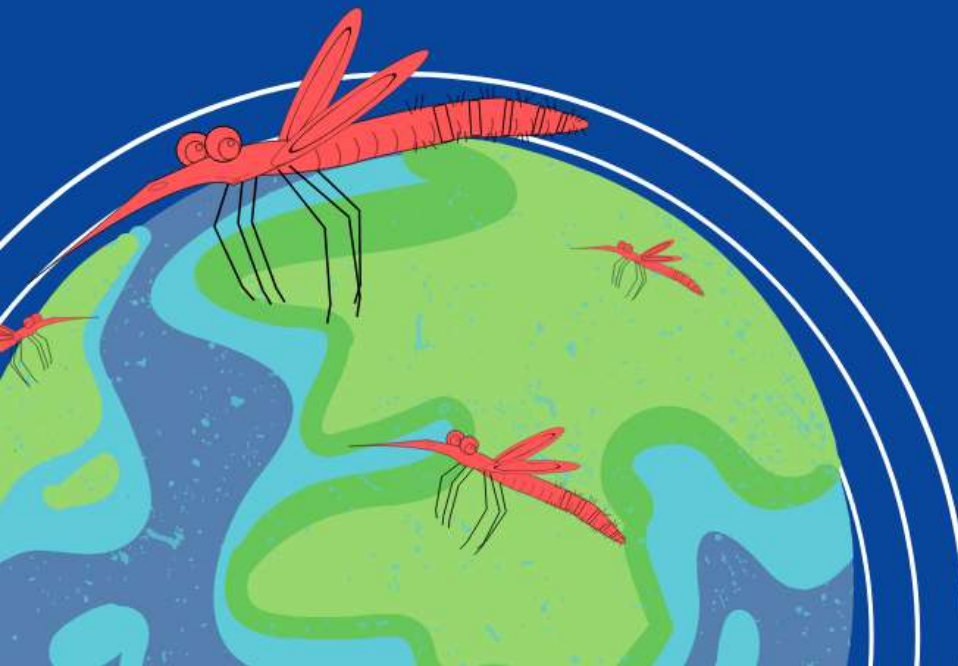
PUSHPAGIRI
COLLEGE OF PHARMACY
MEDICITY CAMPUS, PERUMTHURUTHY



WORLD MALARIA DAY

**"TIME TO DELIVER ZERO MALARIA: INVEST, INNOVATE,
IMPLEMENT"**

25 APRIL, 2024. 10.00 AM



PUSHPAGIRI COLLEGE OF PHARMACY, THIRUVALLA
STUDENTS LIST (2018 - 2024) - PHARM. D

Sl. No	Name of the Student	Signature	Remarks
1	AKSA BINOY	<i>Aksha</i>	
2	ANAGHA A	<i>Anagha</i>	
3	ANILA JOSSY	<i>Anila</i>	
4	ANITTA SOSA VARGHESE	<i>Anitta</i>	
5	ANUPRIYA FRANCI GEORGE	<i>Anupriya</i>	
6	APARRNA A R	<i>Aparna</i>	
7	AYANA S	<i>Ayana</i>	
8	BERLIN THOMAS	<i>Berlin</i>	
9	CARREL TOM	<i>Carrel</i>	
10	CHRISTY SARA ABRAHAM	<i>Christy</i>	
11	DEVIKA B R	<i>Devika</i>	
12	GEO MARIAM JOSEPH	<i>Geo</i>	
13	GITHIN T SCARIA	<i>Githin</i>	
14	GLORIYA JOHN	<i>Gloriya</i>	
15	JEWEL MARIYAM VARGHESE	<i>Jewel</i>	
16	JULIYA JOSEPH	<i>Juliya</i>	
17	JUNIE MATHEW	<i>Junie</i>	
18	MEGHA ANNA THOMAS	<i>Megha</i>	
19	MEKHA JIJI	<i>Mekha</i>	
20	MELETA ANN ABRAHAM	<i>Meleta</i>	
21	PALLAVI KRISHNAN	<i>Pallavi</i>	
22	ROSHNY ELSA ROY	<i>Roshny</i>	
23	SANTHRA ANN SAJI	<i>Santhra</i>	
24	SHONY RAJU	<i>Shony</i>	
25	SIYA ELSA SAJI	<i>Siya</i>	
26	SNEHAMOL SHAJI	<i>Snehamol</i>	
27	SONA SAJI	<i>Sona</i>	
28	SREESHMA E S	<i>Sreeshma</i>	
29	BITTA ANN MATHEW	<i>Bitta</i>	
30	PENINA SARA JOSE	<i>Penina</i>	



 GPS Map Camera

Thiruvalla, Kerala, India
9HJJ+R36, Thiruvalla, Kerala 689105, India
Lat 9.381648°
Long 76.580169°
25/04/24 10:14 AM GMT +05:30





 **GPS Map Camera**

Thiruvalla, Kerala, India
9HJJ+R36, Thiruvalla, Kerala 689105, India
Lat 9.382075°
Long 76.580095°
25/04/24 10:03 AM GMT +05:30



Google

**ACTIVITY REPORT IN THE ADOPTED VILLAGE IN THE
MONTH OF SEPTEMBER 2023**

A NEET Survey was conducted to understand youth not in formal education, regular employment, or training. The survey was conducted in the adopted village, and the NSS student volunteers of Pushpagiri College of Pharmacy actively distributed and filled out the forms. The ward member Mrs. Syarmila Sunil and the Asha workers helped identify the village's specific houses with unemployed or uneducated youth coming under the age group of 15-29 yrs. The volunteers were split into various groups and conducted the survey carrying 33 questions. All the 10 villagers who participated in the survey were women and the main reason behind their unemployment or non-education is the burden of care or marriage factor. The villagers co-operated with the survey and the NSS Volunteers performed the survey well and was a great community-centered activity.



Diju V
NSS PROGRAMME OFFICER



Mamta
Principal
Pushpagiri College of Pharmacy
Medicity Campus, Tiruvalla
Kerala - 689 107