

REPORT OF INTERNATIONAL YOGA DAY-2023

Organized by:

Department of Pharmaceutical Chemistry in association with NSS & IQAC

International Yoga Day -2023 was organized by Department of Pharmaceutical Chemistry in association with NSS Unit and IQAC on 21st June 2023. The Theme of this year Yoga Day is “Yoga for Vasudaiva Kutumbakam.” for unifying the humanity and to consider world as one.

The Yoga day programmes commenced at 7.00 am with a yoga session to students by ‘Pytric School of Yoga’ to rejuvenate their mind and body. It was a one hour yoga training session. The participation of students union ‘Dyuthi’ was appreciated. More than 30 students participated for the session in which most of them were hostel inmates. The venue of the session is on Foyer space near to Pushpagiri college of Dental sciences. A poster making competition was conducted as a part of yoga day based on the theme “Yoga in daily life”. The best two posters were selected and cash awards were distributed to the winners. The first prize is secured by Ms. Sreelakshmi C.B of 6th semester B Pharm and second prize is secured by Mr. Kevin.T.Chacko of 3rd year Pharm D. The practice of yoga brings joy, health and peace from within and deepens the sense of connection between an individual’s inner consciousness and external world.

Mrs Anju.V

Convener

Mrs Saira susan varghese

Co-ordinator

Prof. Dr. Santhosh M. Mathews

Principal



YOGA DAY





PUSHPAGIRI
COLLEGE OF PHARMACY
MEDICITY CAMPUS, PERUMTHURUTHY



PCP INTERCON 2023

International Seminar

" NOCEBO EFFECT IN MEDICATION SAFETY "



Dr. Jimmy Jose
Associate Professor
College Consultancy & Collaborative Services Officer
University of Nizwa, Sultanate of Oman

Tuesday, 08th August | 2 PM

@ Mar Theophilos Annexe
Auditorium

PUSHPAGIRI COLLEGE OF PHARMACY, THIRUVALLA

INTERNATIONAL SEMINAR “PCP INTERCON 2023”

“Nocebo Effects in Medication Safety”

An International Seminar “PCP INTERCON 2023 was conducted on 8th of August 2023 at Mar Theophilus Annexe Auditorium, Pushpagiri College of Pharmacy, Thiruvalla. The Seminar were organised by the Scientific Committee under the guidance of Prof Dr. Santosh M Mathews, Principal, Pushpagiri College of Pharmacy. Dr. Shirly John, Chairperson, Mrs.Preethu P John as Vice Chairperson, Mrs. Saira Susan Varghese as the General Convenor, Mrs. Bincy K Chacko, and Mrs. Anjana M.N were the convenors for the various committees. Around 150 Delegates participated in the Seminar

The inaugural function of the Conference was held at 02.00 pm with the prayer song by the College choir and the Welcome address was given by Mrs.Preethu P John, Vice Chairperson of the Seminar. She welcomed the Guests, Resource Persons, and delegates who arrived to attend the conference. Dr. Jimmy Jose, Associate Professor College Consultancy and Collaborative Services Officer, University of Nizwa, Sultanate of Oman, Dr. Santhosh M Mathews, Principal, Mrs. Jeenu Joseph, Vice Principal, Dr. Shirly John, Prof and HOD, Department of Pharmacology together lightened the lamp. Following the inauguration Mrs. Bincy K Chacko, Associate Professor, Department of Pharmaceutics introduce the Subject and Speaker to the gatherings. It was followed by the Scientific session. Dr. Jimmy Jose, Associate Professor, College Consultancy and Collaborative Services Officer, University of Nizwa, Sultanate of Oman was the Chief resource person for the session. He selected the topic “Nocebo Effects in Medication Safety” for his presentation. During his session he mainly focussed on the Impact of nocebo effect in Clinical trials and Clinical practice, Mechanism behind nocebo response, Its Ethical considerations and how to minimize Nocebo effects and its future directions and finally a discussion session were provided to the delegates to share their queries and doubts with the resource person. The session was quite informative and useful.

Dr. Santhosh M Mathews and Dr. Shirly John honoured the Chief Resource Person by presenting a Memento and Certificate. Mrs. Saira Susan Varghese, Convenor, convey vote of thanks to the gatherings and the sessions end up with National anthem. The International Conference “PCP INTERCON 2023” was quite informative and a fruitful one.


Principal
Pushpagiri College of Pharmacy
Medicity Campus, Tiruvalla
Kerala - 689 107, India



INTERNATIONAL SEMINAR (PCP INTERCON)



PUSHPAGIRI COLLEGE OF PHARMACY

MEDICITY CAMPUS, PERUMTHURUTHY PO

THIRUVALLA.

BASIC LIFE SUPPORT (BLS) WORKSHOP

6TH TO 9TH APRIL 2024

BLS course offered by American Heart Association, Kottayam was provided to Pharm. Interns, Fifth & fourth Year Pharm D students on 6th, 8th & 9th April 2024 at Mar Theophilos Auditorium, Pushpagiri College of Pharmacy, Thiruvalla.

Around 82 participants actively participated and updated their knowledge on Pediatric/ Adult BLS, with appropriate hands on skills.

The sessions were started at 9 .00am, in the college Auditorium with a Prayer followed by introductory session by Dr. Malini S, Vice Principal (Administration) & HEAD, Department of Pharmacy Practice. Dr. Jeenu Joseph, Vice Principal (Academics) welcomed the resource persons and the delegates. Mrs. Alice Joseph, Dr. Jency Das (Physician, Thiruvalla Medical Mission), Mr. Jino Nian and Mr. Midhun were the instructors from IIEMS. Mrs. Archana Vijai, Mrs. Julie Mariyam Joshua, Mrs. Pheba Susan Thomas from Department of Pharmacy Practice were present.

The BLS guidelines were provided to the students one week prior to the course. The guidelines highlighted a set of clinical interventions for the immediate emergency management of cardiac arrest, heart attack and other life threatening medical emergencies as well as knowledge and skills to apply those interventions. The guidelines were set into several groups of algorithms or instructions that are followed, and to increase its effectiveness. The major algorithm in the guidelines was the Cardiac Arrest Algorithm. During the course, the students got training in essential skills individually, as part of a team, and as team leader in different learning stations based on simulated clinical scenarios. The students learned the basics of resuscitation like chest compressions, adult and infant breaths, management of choking in adults and

infants etc. Realistic simulations were focused on the following key concepts: proficiency in recognizing and initiating early management of peri-arrest conditions, of choking and the supportive care, identifying and treating, recognizing other life-threatening clinical situations such as cardiac arrest and providing initial care, applying BLS algorithms and effective resuscitation team dynamics. At the end of the course, students appeared for a written test to evaluate the knowledge on clinical interventions for the emergency management of life threatening conditions.

Only those students who passed the written test were required to participate in a Mega code testing station which evaluated the achievement of the course objectives by the student. The students who successfully completed the course were provided with American Heart Association Basic Life Support certification card.

The three day workshop ended on 9th April 2024 at 4.30 pm.

Malini S

Dr. Malini S
H o D

Dept. Of Pharmacy Practice
Pushpagiri College of Pharmacy
Tiruvalla



Mani

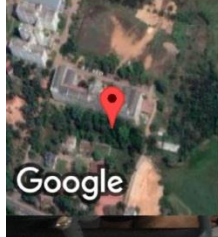
Principal.

Principal
Pushpagiri College of Pharmacy
Medicity Campus, Tiruvalla
Kerala - 689 107, Kerala

BASIC LIFE SUPPORT




 **GPS Map Camera**

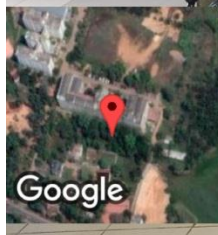


Google

Perumthuruthy, Kerala, India
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 **GPS Map Camera**



Google

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YIP (Young Innovators programme)



PUSHPAGIRI
COLLEGE OF PHARMACY
MEDICITY, PERUMTHURUTHY, THIRUVALLA

YOUNG INNOVATORS PROGRAMME (YIP)

on
26/6/23
2 pm

Organized by:



**KERALA DEVELOPMENT & INNOVATION
STRATEGIC COUNCIL
GOVERNMENT OF KERALA**

