

## 5.13. CAPACITY BUILDING AND SKILLS ENHANCEMENT INITIATIVES

### 1. Soft skills:

#### a. YIP:



The banner features the Pushpagiri College of Pharmacy logo and name at the top. Below it, the text 'YOUTH INNOVATORS PROGRAMME (YIP)' is prominently displayed in white on a red background. To the right, a yellow circle indicates the date and time: 'on 25/2/22 3 pm'. At the bottom, it states 'Organized by: KERALA DEVELOPMENT & INNOVATION STRATEGIC COUNCIL GOVERNMENT OF KERALA' with the K-DISC logo.

**PUSHPAGIRI**  
COLLEGE OF PHARMACY  
MEDICITY, PERUMTHURUTHY, THIRUVALLA

**YOUTH INNOVATORS  
PROGRAMME (YIP)**

on  
25/2/22  
3 pm

Organized by:  
**K-DISC**  
Kerala Development and Innovation  
Strategic Council

**KERALA DEVELOPMENT & INNOVATION  
STRATEGIC COUNCIL**  
GOVERNMENT OF KERALA



## A REPORT ON YOUNG INNOVATORS PROGRAMME (YIP)

Date: 25.02.2022

Time: 03.00PM

On 25<sup>th</sup> February 2022, the Mar Theophilos Annexe auditorium hosted the Young Innovators Programme (Kerala Development & Innovative Strategic Council, K-DISC), Prof. Dr. Santosh M. Mathews (Principal) delivered an eloquent welcoming address. Rev. Fr. Aby Vadakkumthala (Director-Institutions) officially opened the ceremony with a benedictory speech and a lamp lighting ceremony. Mr Jinto Sebastian (District Programme Executive, K-DISC) conducted the scientific session on YIP.

The session was detailed about the registration & idea submission on YIP. After the scientific session, there was an open forum for students to create groups & submitting their ideas in YIP. Mr Jinto Sebastian and his volunteers guided the students for registration and uploading their ideas.

34 B Pharm students, 82 Pharm D students & 21 M Pharm students were participated in the programme.

As a token of our sincere gratitude, memento was presented to Mr Jinto Sebastian (District Programme Executive, K-DISC).

Mrs Sreekavya B (YIP coordinator) offered the vote of gratitude.

The National Anthem brought the end of the programme.

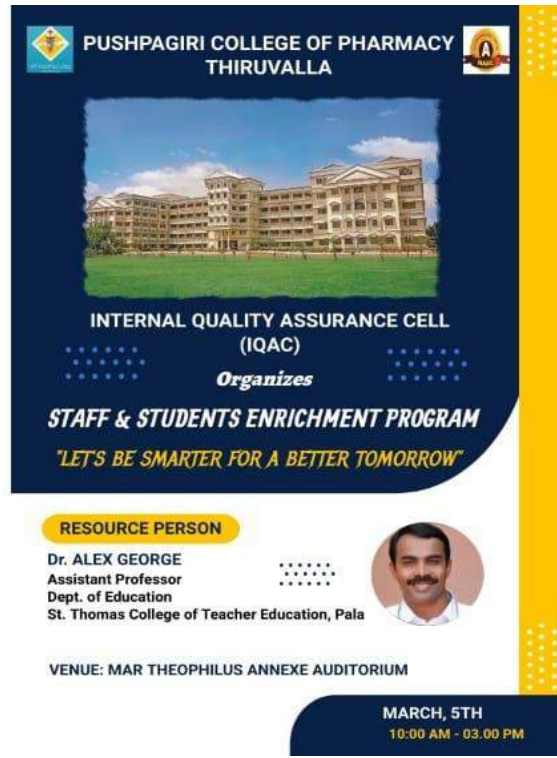
YIP- Coordinator

Principal



## 2. Language and communication skills:

### a. Staff and student enrichment programme:



The poster is for an enrichment program organized by the Internal Quality Assurance Cell (IQAC) of Pushpagiri College of Pharmacy, Thiruvalla. It features a photograph of the college building and lists the resource person as Dr. Alex George, Assistant Professor at St. Thomas College of Teacher Education, Pala. The event is scheduled for March 5th from 10:00 AM to 03:00 PM at the Mar Theophilus Annexe Auditorium. The slogan is "LET'S BE SMARTER FOR A BETTER TOMORROW".

**PUSHPAGIRI COLLEGE OF PHARMACY  
THIRUVALLA**

**INTERNAL QUALITY ASSURANCE CELL  
(IQAC)**

**Organizes**

**STAFF & STUDENTS ENRICHMENT PROGRAM**

**"LET'S BE SMARTER FOR A BETTER TOMORROW"**

**RESOURCE PERSON**

**Dr. ALEX GEORGE**  
Assistant Professor  
Dept. of Education  
St. Thomas College of Teacher Education, Pala

**VENUE: MAR THEOPHILUS ANNEXE AUDITORIUM**

**MARCH, 5TH**  
10:00 AM - 03.00 PM





## A REPORT ON STAFF & STUDENT ENRICHMENT PROGRAM


*"Let's Be Smarter for a Better Tomorrow"*

Date: 05.03.2022


Time: 10.00 AM-03:00 PM

On March 5<sup>th</sup> 2022, Internal Quality Assurance cell (IQAC) of Pushpagiri College of Pharmacy organized a staff & student enrichment program at Mar Theophilos Annexe auditorium. The main aim of this programme was to familiarize the faculties and students about the present trends in the education system. The programme started with the prayer by staff choir. Dr. Santhosh M. Mathews (Principal) delivered an eloquent welcoming address. The Presidential address was given by Rev. Fr. Aby Vadakkumthala (Director-Institutions). After the inaugural session, the resource person Dr. Alex George, Assistant Professor, Department of Education, St Thomas College of Teacher Education, Pala started the session for students at 10.30 AM. He handled the session on 'Let's Be Smarter for a Better Tomorrow'. Around 86 students from first B. Pharm & Pharm D batches took part. During the session, the speaker discussed on the basic idea of concept of education and learning. He highlighted the importance of learning and gave an idea about domains of learning i.e. cognitive, affective, psychomotor and interactive. He shared his knowledge with participants using power point presentation, videos and various techniques. The session helped the students to express their thoughts through interactions and created awareness among them. The first session ended with feedback at 1:30PM.

The second session of the day commenced after lunch at 2:00 PM, the staff of PCP actively participated in the session. He started his discussion on methods of teaching, objectives of teaching i.e. general objectives and specific objectives of syllabus, importance of media and interpersonal relationship among employees. He also highlighted the importance of communication and information process in the teaching field. Then he discussed about how to create interest among the students. He explained to the participants how to use body language and eye contact in the classroom while teaching the subject. The session came to an end at 4.30 PM with feedback from faculties. Rev. Fr. Aby Vadakkumthala handed over a memento to the resource person as a token of appreciation. Dr. Alex George presented a book titled "Education for future" penned by him to the NAAC coordinators expressing his gratitude. The session was very informative and all the participants enthusiastically participated in the session. The IQAC is really thankful to Dr. Alex George for taking out time for Pushpagiri College of Pharmacy and enriching us with his valuable knowledge.

  
IQAC coordinator



  
Principal





## REPORT OF NATIONAL WEBINAR ON WORLD YOGA DAY

### Theme: Benefits of Yoga Asana

A national webinar on World Yoga Day on the topic "Benefits of Yoga Asana" was organized by Department of Pharmacognosy on 21<sup>st</sup> June 2021, at 10.30am through online zoom platform with an aim to develop the habit of meditation among youngsters so that they can enjoy more peace of mind and self-awareness, which is essential for a stress-free existence.


The webinar began with the introductory speech by Organizing Secretary Mrs. Rani Manju, Associate Professor, Department of Pharmacy Practice highlighting the relevance of topic in today's world. Mrs. Jeenu Joseph, Associate Professor, Department of Pharmacognosy welcomed all distinguished invitees and students to this webinar.

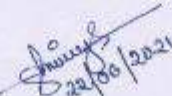
Prof. R Girisa Chandran, HOD, Department of Pharmcognosy delivered the keynote address by explaining the importance of practicing yoga in today's pandemic eras. The webinar was then inaugurated by the Chief Guest Dr. Reginold Varghese, President, Football Association, Pathanamthitta; Thiruvalla Municipality Councillor. He congratulated the entire team of Pushpagiri College of Pharmacy for organizing such an informative session.


Mrs. Lissy S, Assistant Professor, Department of Pharmacognosy introduced the speaker of the day, Swami Nataraj (Dr. Rudolph Rapisarda), Director, Sivananda Yoga Vedanta Dhanwantari Ashram, Trivandrum. He presented a talk on different types of yoga asana and their benefits which can boost up energy and also improve health.

The webinar was attended by B. Pharm, M. Pharm, Pharm D and Pharm D (PB) students and they have interacted well with the speaker through their queries.

Finally, a word of thanks was given by Organizing Secretary Mrs. Rani Manju, Associate Professor, Department of Pharmacy Practice .She specially thanked Dr. Santhosh M Mathews, Principal, Dr. Christy. K. Jose, Vice Principal and the Department of Pharmacognosy to make this webinar a grand success.

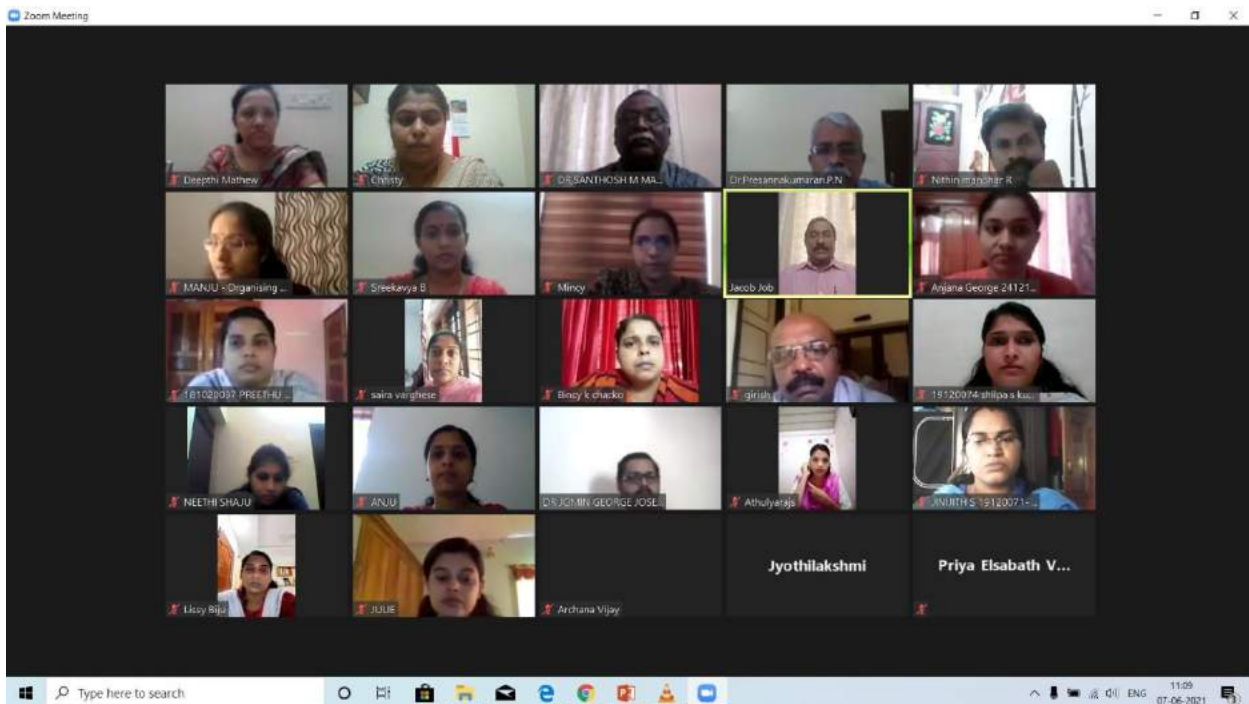
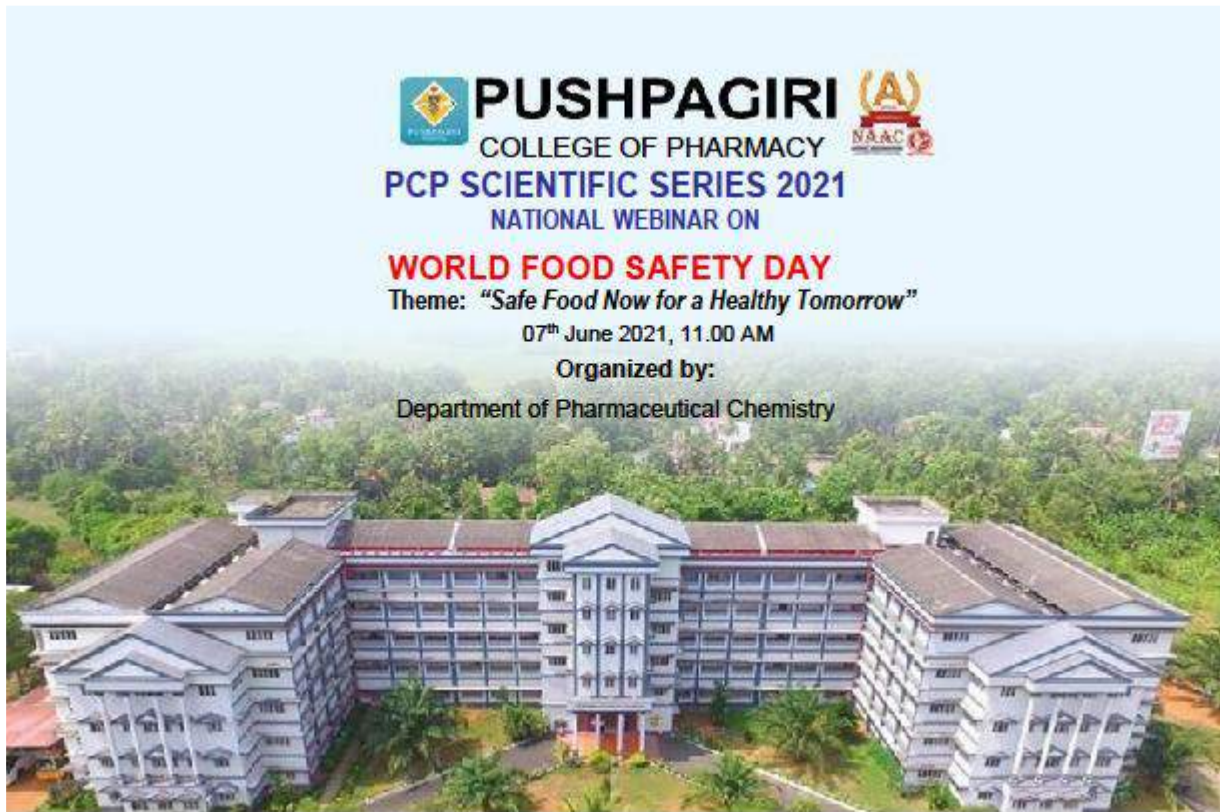
  
Mrs. Rani Manju  
(Organizing Secretary)

  
Mrs. Lissy s  
(General Convener)

  
Prof. Dr. Santhosh M Mathews  
(Principal)



**b. Food safety day:**





## REPORT OF NATIONAL WEBINAR ON WORLD FOOD SAFETY DAY

### Theme: Safe Food Now for a Healthy Tomorrow

A national webinar on World Food Safety Day on the topic "Safe Food Now for a Healthy Tomorrow" was organized by Department of Pharmaceutical Chemistry on 07<sup>th</sup> June 2021, 10.00am through online zoom platform with the aim to draw attention and inspire action to help prevent, detect and manage foodborne risks, contributing to food security, human health, economic prosperity, agriculture, market access, tourism and sustainable development.

The webinar began with the introductory speech by Organizing Secretary Mrs. Rani Manju, Associate Professor, Department of Pharmacy Practice highlighting the relevance of topic in today's world. Mrs. Mincy Mathew, Associate Professor, Department of Pharmaceutical Chemistry welcomed all distinguished invitees and students to this webinar.

Prof. Dr. Pressanakumaran P N, HOD, Department of Pharmaceutical Chemistry delivered the keynote address. The webinar was then inaugurated by the Chief Guest Sri. Jacob Job, IPS, General Manager-HR & PR, Pushpagiri Medical College Hospital and congratulated the entire team of Pushpagiri College of Pharmacy for organizing such an informative session.

Dr. Christy K Jose, Associate Professor, Department of Pharmaceutical Chemistry introduced the speaker of the day, Mrs. Neethu Ravikumar, Food Safety Officer, O/o The Asst. Commissioner of Food Safety, Pathanamthitta Dist. Mrs. Neethu Ravikumar presented the topic and explained the shared responsibility between governments, producers and consumers. Everyone has a role to play from farm to table to ensure the food we consume is safe and healthy.

The webinar was attended by First Year Pharm D, Second Year Pharm D and Fourth Semester M. Pharm students. Fourth semester M. Pharm students has presented a short film on the theme.

Finally, a word of thanks was given by Mrs. Anju V, Assistant Professor, Department of Pharmaceutical Chemistry. She specially thanked Dr. Santhosh M Mathews- Principal, Dr. Christy K. Jose-Vice Principal, Organizing Secretary Mrs. Rani Manju and the Department of Pharmaceutical Chemistry to make this webinar a grand success.

Dr. Christy K Jose  
(Convenor)

Mrs. Rani Manju  
(Organising Secretary)

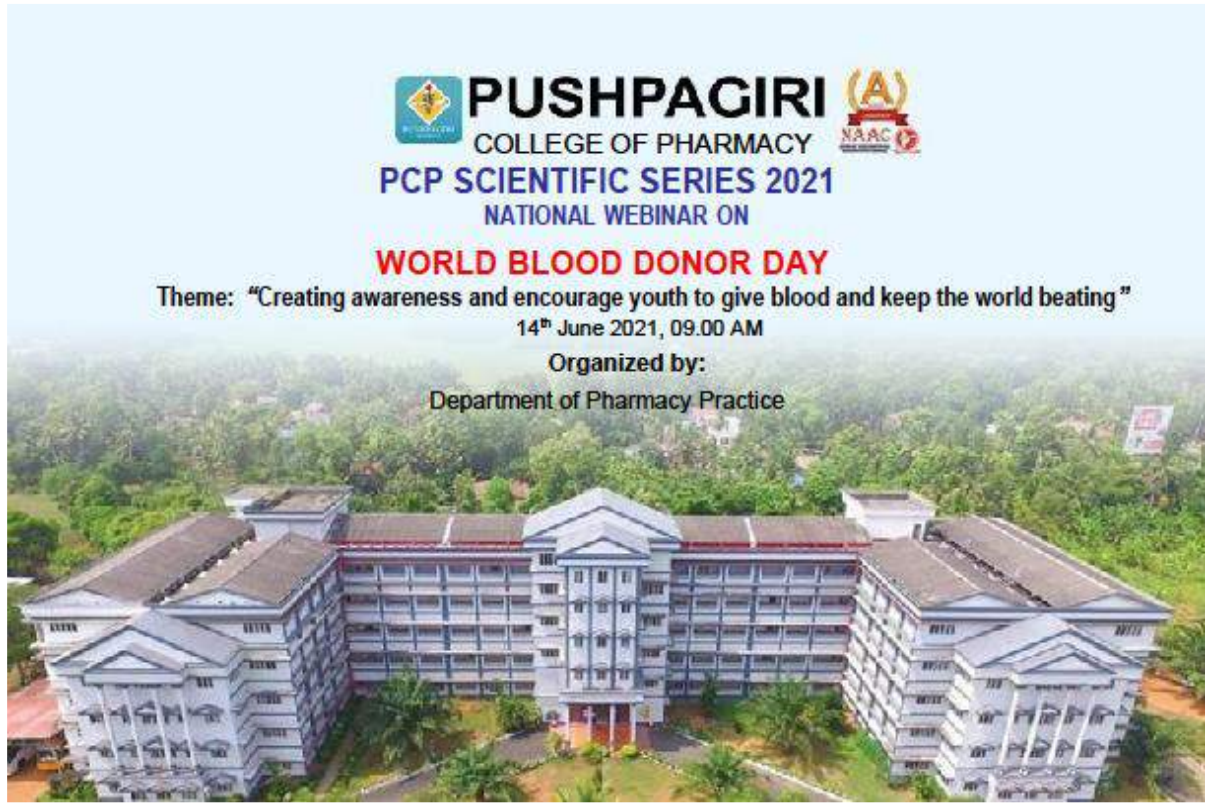
Prof. Dr. Santhosh M Mathews  
(Principal)





Principal  
Pushpagiri College of Pharmacy  
Medicity Campus, Truvalla  
Kerala - 689 107, Kerala

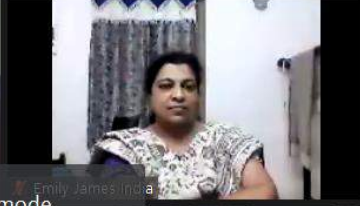


**c. Blood Donor Day 2021:**

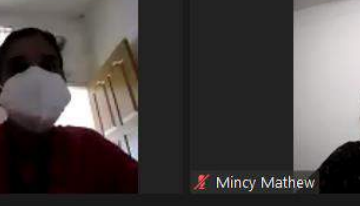
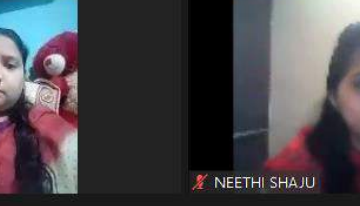
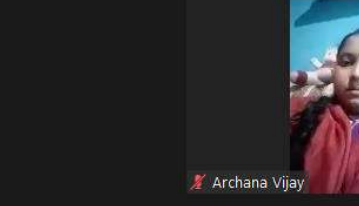
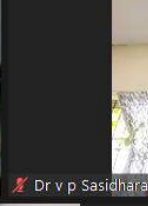
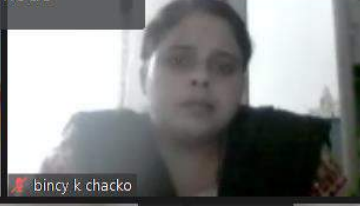
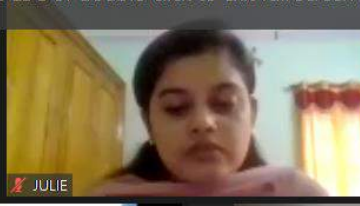


 **PUSHPAGIRI**   
COLLEGE OF PHARMACY  
**PCP SCIENTIFIC SERIES 2021**  
NATIONAL WEBINAR ON  
**WORLD BLOOD DONOR DAY**  
Theme: "Creating awareness and encourage youth to give blood and keep the world beating"  
14<sup>th</sup> June 2021, 09.00 AM  
Organized by:  
Department of Pharmacy Practice

Recording



Press ESC or double-click to exit full screen mode



Unmute Stop Video

Participants 248

Chat

Share Screen

Record

Reactions

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## **A REPORT ON WORLD BLOOD DONOR DAY-14 TH JUNE 2021**

**THEME – “Creating awareness and encourage youth to give blood and keep the world beating”**

**Organized by: Department of Pharmacy Practice**

The Department of Pharmacy Practice organized a Webinar incorporating the whole students and faculty of Pushpagiri College of Pharmacy on “WORLD BLOOD DONOR DAY “with theme “Creating awareness and encourage youth to give blood and keep the world beating” on 14<sup>th</sup> of June 2021 at 9 am. The webinar was organized to implement the idea of the blood donation as the theme suggests and to encourage the youngsters to donate blood free of cost to be a part of social help.

The meeting was opened by Mrs Rani Manju, Organising secretary by inviting Mrs Archana Vijay, Assistant Professor, Department of Pharmacy Practice, for the welcome address and the guests, faculty and students were welcomed to the webinar and Prof. Girisa Chandran, HOD, Department of Pharmacognosy delivered the keynote address in which the importance of the day was mentioned and briefed about the details and activities that could be associated with it. Followed by that, the chief guest, Mr Biju Kumbazha , District President -Blood Donors Kerala inaugurated the Webinar with a brief message regarding his experience and the need to create awareness about blood donation especially among youngsters.

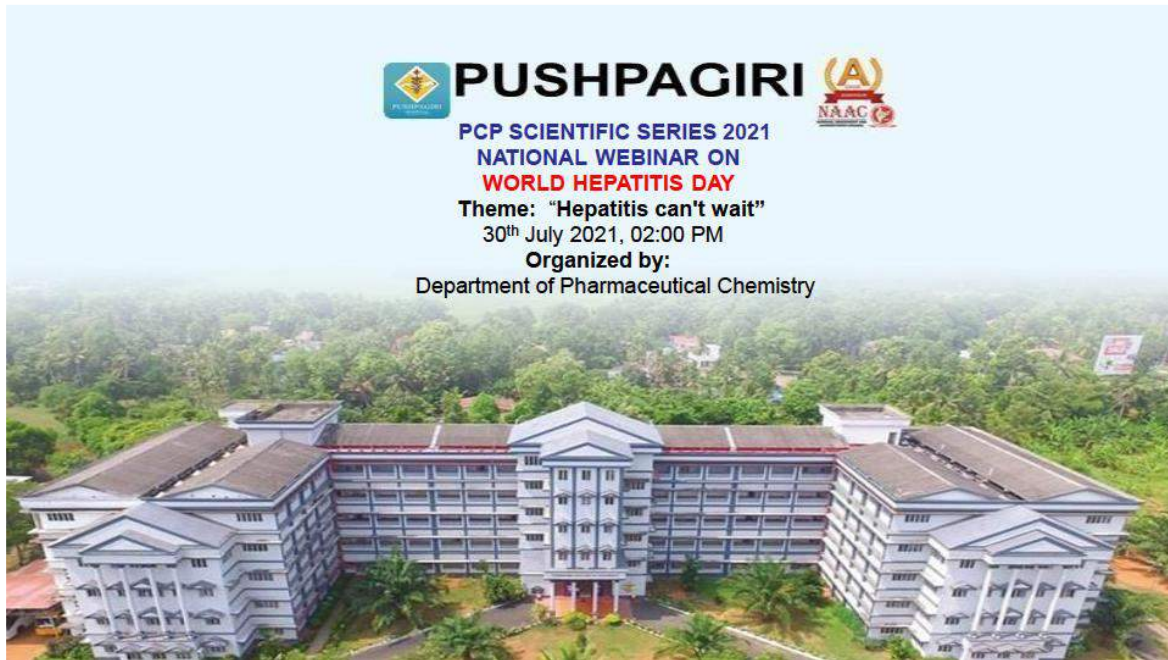
Dr. Jomin George Joseph, Assistant Professor, Department of Pharmacy, introduced of the resource person as well the topic and welcomed the speaker, Dr Sasidaran V P ,HOD, Department of Immunohematology and Blood transfusion, Pushpagiri Medical College Hospital for the session.

The scientific session was initiated by the chief resource person with brief introduction regarding the basic aspects of blood ,importance of donation, history ,current advancements in bleeding and storing blood and the necessity to provide blood without taking money and encouraging the healthy youngsters to provide for those who are in need. The session was very informative and interactive and queries from students were answered by Dr Sasidaran.

The students union of Pushpagiri College of Pharmacy organized an event under the name “Jeevadhara” in association with World Blood Donor day and various competitions were performed and the winners of Short video and Pencil Drawing competitions were announced after the scientific session which was followed by the presentation of a short film created by IV Pharm D students named “Blood – Every drop counts”, which further added boost to the webinar.



## d. Hepatitis Day:



Zoom Meeting

Participants (43)

Find a participant

- Pushpagiri College o... (Host, me)
- JINITH S-19120071- Pharmace...
- Dr.Presannakumaras.P.N
- I Sem M. Pharm PCP ppropm10...
- Shaji Sir
- Abhija R.V
- Anitha Susan Mathew
- Anjana George
- anju v
- Anna Shyla
- Arun Varghese Medicity
- Ashmi salam
- AN Aslaha Noushad
- DM Deepthi Mathew
- DR Devika ramesan
- DM DR.SANTHOSH M MATHEWS
- Geetha Windows

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14:09 31°C Light rain 09.07.2021

The screenshot shows a Zoom meeting interface with a grid of 16 video thumbnails. The thumbnails show various participants, some with their names visible below them. The names include: Dr.Presannakumaras.P.N, DR.SANTHOSH M MATHEWS, Shaji Sir, Lissy Riju, JINITH S-19120071- Pharmace..., Shipa s kurup, anju v, Rani Manju - PRACTICE, Nikitha nair, Deepthi Mathew, PUSHPAGIRI MEDICAL COLLEGE HOSPITAL, Radisha Thomas, I Sem M. Pharm PCP ppropm10..., and SARA VARGHSE. The interface also includes a search bar for participants, a list of all 43 participants on the right, and a Windows taskbar at the bottom showing the time as 14:09 on 09.07.2021.



## **REPORT OF NATIONAL WEBINAR ON WORLD HEPATITIS DAY**

### **Theme: Hepatitis ; Can't Wait**

A national webinar on "World Hepatitis Day" was organized by Department of Pharmaceutical Chemistry on 30<sup>th</sup> July 2021, at 02.00pm through online zoom platform. The webinar mainly focused to increase an awareness among the students and also aimed to gain the knowledge about viral Hepatitis and to facilitate its prevention, diagnosis and treatment.

The webinar began with the introductory speech by Organizing Secretary Mrs. Rani Manju, Associate Professor, Department of Pharmacy Practice highlighting the relevance of topic in today's world. Mrs. Jini Jith S (co-ordinator), Assistant Professor, Department of Pharmaceutical Chemistry welcomed all distinguished invitees, faculties and students to this webinar. The webinar was then inaugurated by the Chief Guest Mr. Shaji Mathew Kooliyat, Head Master St Thomas HSS, Eruvelipra, Thiruvalla. He expressed his happiness and congratulated the entire team of Pushpagiri College of Pharmacy for organizing such an informative session and also suggested the students to take measures for the reduction of spread of hepatitis.

Prof. Dr. P N Presannakumaran, IIOD Department Of Pharmaceutical Chemistry delivered the keynote address. Mrs. Saira Susan Varghese, Assistant Professor, Department of Pharmaceutical Chemistry delivered subject introduction and introduced the speaker of the day, Dr Ramesh M Nair, Associate Professor Department Of Gastroenterology, Pushpagiri Medical College Hospital, Thiruvalla. He conducted a session on different types of Hepatitis, its etiology, diagnosis, management and prevention. The session was very informative and make the students aware of the importance of World Hepatitis Day.

The webinar was attended by M. Pharm students and Pharm D interns, with all the faculties. All actively participated and interacted well with the speaker through their queries.

## e. Diabetes Day:

**PUSHPAGIRI** COLLEGE OF PHARMACY  
in association with  
DOCTOR OF PHARMACY ASSOCIATION KERALA STATE  
**PCP SCIENTIFIC SERIES 2021**  
NATIONAL WEBINAR ON  
**WORLD DIABETES DAY**  
Theme: "Access to Diabetes Care"  
15<sup>TH</sup> November 2021, 07:30 PM  
Organized by:  
Department of Pharmacy Practice

The banner features the logos of Pushpagiri College of Pharmacy and the Doctor of Pharmacy Association Kerala State (MAAC). The background is an aerial view of the college's large, multi-story building.

Recording View

Participants:

- Nithin Manohar
- Pushpagiri College of Pharmacy
- g rish
- Dr.Prasannakumaran.P.N
- Anjana George
- MR BIJU KUMBAZHA- CHIEF GUEST
- 181020037 PREETHU P JOHN
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- Emmy James
- MANJU - ORGANISING SECRE...
- DR.SANTHOSH M.MATHEWS
- DR JOMIN GEORGE JOSEPH
- JULIE
- bincy k chacko
- Dr v p Sasidharana
- Archana Vijay
- NEETHI SHAJU
- Jeenu
- Mincy Mathew

Unmute Stop Video Participants 248 Chat Share Screen Record Reactions Leave

Activate Windows  
Go to Settings to activate Windows.



## **A REPORT ON WORLD DIABETES DAY-15 TH NOV 2021**

THEME – "Access to diabetes care"

Organized by: Department of Pharmacy Practice


The Department of Pharmacy Practice organized a Webinar on "WORLD DIABETES DAY" in association with Doctor of Pharmacy Association, Kerala state with theme "Access to diabetes care" on 15<sup>th</sup> of November 2021 at 7.30 pm. Total 400 participants were actively participated in the webinar (inside and outside students and faculties). The webinar was organized to raise awareness about the disease, its strategies for prevention and controlling it.


The meeting was opened by Mrs Rani Manju, Organising secretary by inviting Dr.Jomin George Joseph, Assistant Professor, Department of Pharmacy Practice, for welcome address and the guests, faculty and students were welcomed to the webinar. The importance of the day was mentioned and briefed about the details and activities that could be associated with the day. Followed by that, the chief guest, Dr.Tomy Philip, Principal, Pushpagiri Institutes of Medical Sciences and Research Centre, Thiruvalla inaugurated the webinar with a brief message about the importance of World Diabetes Day and provided general awareness about the disease.


Mrs. Archana Vijai, Assistant Professor, Department of Pharmacy Practice was given the opportunity for introduction of the resource person as well the topic and welcomed the speaker, Dr Vipin V P, Consultant Endocrinologist, Aster Medicity, Kochi for the session.

The scientific session was initiated by the chief resource person with theme of the World Diabetes Day, Diabetes facts and figures, clinical manifestations, complications, treatments and glucose monitoring systems. The session was very informative and interactive with queries from students and faculties.

The vote of thanks to the webinar was delivered by Mrs. Pheba Susan Thomas, Assistant Professor, Department of Pharmacy Practice extended the regards to the chief guests, Senior Professors, Principal, Doctor of Pharmacy Association members and Faculty of the college. Moreover, special mentioning was given to all the students who actively participated in the webinar. The session was concluded by Dr. Santhosh M Mathews, Principal, Pushpagiri college of pharmacy.


  
Mrs. Rani Manju  
Organizing Secretary

  
Mrs. Archana Vijai  
General Convener

  
Prof. Dr. Santhosh M. Mathews  
Principal




## f. Vaccination Day:




# PUSHPAGIRI

COLLEGE OF PHARMACY




## NATIONAL VACCINATION DAY - 2022

ORGANIZED BY NSS UNIT IN ASSOCIATION WITH  
DEPARTMENT OF PHARMACOLOGY



**CHIEF GUEST**  
DR. FELIX JOHNS MBBS, MD  
PROFESSOR AND HOD  
DEPARTMENT OF COMMUNITY MEDICINE  
PUSHPAGIRI MEDICAL COLLEGE HOSPITAL  
THIRUVALLA 689101



**RESOURCE PERSON**  
DR. JATHAVEDUS MOHANLAL  
PG RESIDENT  
DEPARTMENT OF COMMUNITY MEDICINE  
PUSHPAGIRI MEDICAL COLLEGE HOSPITAL  
THIRUVALLA

VENUE : MAR THEOPHILUS ANNEXE AUDITORIUM  
16 MARCH 2022 ; 9:30 AM





### NATIONAL VACCINATION DAY 2022

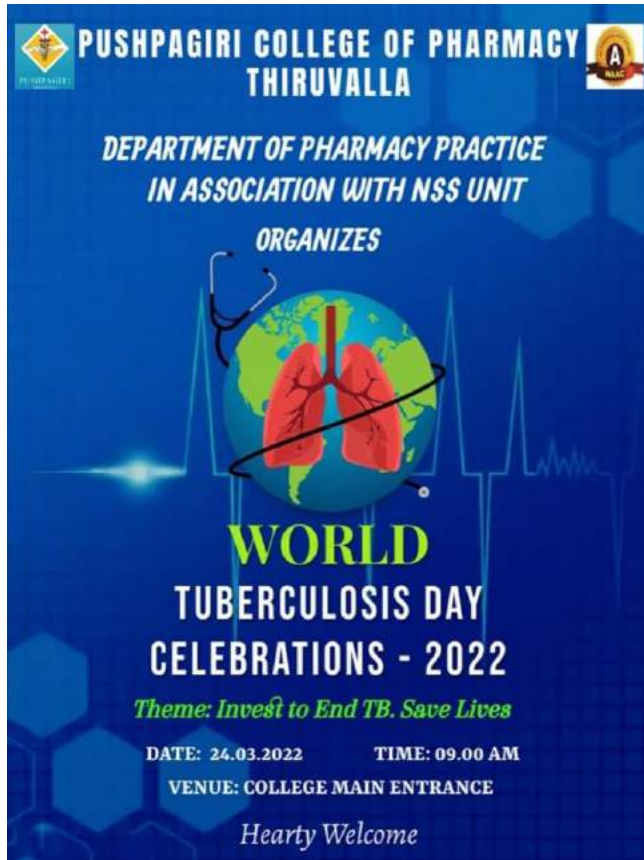
On March 16<sup>th</sup> 2022, National Vaccination Day was Organized by NSS Unit in association with Department of Pharmacology. The event mainly focused on increasing awareness about the need of vaccination in the present scenario among society. The programme was started by 9.30 am and was held in Mar Theophilus Annexe Auditorium. Principal, Prof.Dr. Santhosh M Mathews presided the function. The programme was commenced with a prayer song by the College choir. It was followed by the Welcome speech given by Mrs. Preethu P John, Convenor, National Vaccination Day 2022. Prof. Dr. Santhosh M. Mathews, Principal, Pushpagiri College of Pharmacy delivered the presidential address. Fr. Aby Vadakkumthala addressed the gathering. Mrs. Bindhu Jayakumar, Chairperson, Thiruvalla Municipality inaugurated the function. She appreciated the entire team especially the NSS for organizing such an event, for raising awareness among society regarding vaccination. The inauguration ceremony was accompanied by lighting of the lamp. Dr. Shirly John, HOD, Department of Pharmacology introduced the guests to the gatherings. The Chief Guest for this event was Dr. Felix Johns MBBS, MD, Professor and HOD, Dept of Community medicine, Pushpagiri Medical College Hospital, Thiruvalla. Dr. Felix spoke about the need to raise awareness about vaccination and its importance, He pointed out that vaccination plays an important role in public health and people have realized it during the COVID 19 pandemic when vaccination was the only way to protect ourselves from deadly disease. Dr. Jathavedus Mohanlal PG resident, Dept. Of Community Medicine, Pushpagiri Medical college Hospital presented the topic related to vaccination and the need to get immunized. During his presentation he discussed from the beginning such as development of a vaccines, its storage, transportation, Vaccine vial monitors and also explains about the adverse events following immunization its various types and also discussed about Covid vaccines and its importance in the present pandemic conditions. The Presentation was quite informative and useful. Followed by the presentation session by the resource person, there was an open interactive session, during which many students raised their doubts to the resource person and he discussed in detail with them and cleared their doubts. The programme ended up with the vote of thanks delivered by, Mrs. Sumi James, Coordinator, National Vaccination Day 2022, followed by the National Anthem. The programme was a motivating and informative one for the students and to the gatherings.

  
CONVENOR



  
PRINCIPAL,  
Principal  
Pushpagiri College of Pharmacy  
Medicity Campus, Thiruvalla  
Kerala - 689 607, Kerala

**g. TB Day:**





## **REPORT ON WORLD TUBERCULOSIS DAY 24 MARCH 2022**

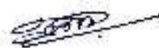
**Organized by: NSS Unit in Association with Department of Pharmacy Practice**

N.S.S Unit in association with the Department of Pharmacy Practice observed World Tuberculosis Day at Pushpagiri College of Pharmacy main entrance on 24<sup>th</sup> of March 2022. The theme of World TB Day for 2022 "Invest to end TB. Save lives" mainly focuses on the need for investments and resources that are required to eradicate this disease.

The programme commenced at 9.00AM by invoking blessings from the almighty through college choir. The College principal Dr Santhosh M Mathews formally welcomed the gathering and delivered the presidential address highlighted the need to raise awareness about the serious bacterial disease that affects the health of the lungs. The inaugural speech was given by Fr Aby Vadakkumthala (Director, Pushpagiri medical society).

The event started off with health talks about TB by Ms Dhill Thomas (2nd Year Pharm D student) followed by musical skit by the students of second year Pharm D. The performance showcased by students were very impressive. The programme convener Mrs Merin. T. Koshy proposed the vote of thanks. The inaugural ceremony ended with the National Anthem.

The Observance of World Tuberculosis Day was a success by the combined effort of the organizing committee with strong support from Prof. Dr. Santhosh M Mathews, Principal, Rev. Fr. Aby Vadakkumthala, Director-Institutions, Dr Christy K Jose (Vice Principal), Dr Nithin Manohar (Vice Principal), Dr. Jamin George Joseph (NSS Coordinator), Mrs Merin. T. Koshy (programme convener and Assistant Professor, Dept. of Pharmacy Practice) Ms Julie Mariam Joshua (Programme Co-ordinator and Assistant Professor, Dept. of Pharmacy Practice) and all the members in the Department of Pharmacy Practice, Pushpagiri College of Pharmacy Thiruvalla.



Mrs Merin.T. Koshy

Convener



Dr Nithin Manohar

General Convener



Prof. Dr. Santhosh M. Mathews

Principal



## h. Health Day:





## WORLD HEALTH DAY 2022

On April 7<sup>th</sup> 2022, "World Health Day" awareness programme was organized by the NSS Unit in association with the Department of Pharmacology. The event was based on this year's WHO theme- "OUR PLANET, OUR HEALTH". The event mainly focused on increasing awareness about the importance of saving the Earth, and thereby our health. The programme commenced with a prayer song by the college choir at 2:30pm in Mar. Theophilus Annexe Auditorium. It was followed by the welcome address delivered by Ms. Seethal James M, Convenor, World Health Day, 2022. Mrs. Emily James, Associate Professor, Department of Pharmacology delivered the introductory talk about health and its relevance in the current scenario which was followed by a presentation on this year's theme by Ms. Anna Shyla Mathew of second semester M. Pharm- Pharmacology. She pointed out the significance of the theme in the current pandemic situation, the environmental issues and solutions to tackle the problems. A musical skit was also played by PG students, Department of Pharmacology which emphasized on saving our planet; mother Earth. Further, the results of poster competition organized by the Department of Pharmacology on April 2<sup>nd</sup> in association with the 'World autism awareness day programme' were announced. The program concluded with the vote of thanks delivered by Ms. Sherly Fagen, Coordinator, World Health Day 2022, followed by the National Anthem. The program was an informative one for the students.

SEETHAL JAMES M.  
*Seethal*  
CONVENOR



*Mark*  
PRINCIPAL

**i. Malaria Day:**





## REPORT ON WORLD MALARIA DAY

### Community Awareness Program

Organized by: NSS Unit in Association with Department of Pharmacy Practice

As a part of the World Malaria day celebrations, a community awareness program was organized by the N.S.S Unit in association with the Pharmacy Practice Department of Pushpagiri College of Pharmacy on 30<sup>th</sup> of April 2022 at 09.00am.

The Flag off Ceremony was held at the college entrance and program coordinator Mrs. Malini S, Associate Professor, Department of Pharmacy Practice gave the welcome address. Followed by the welcome address, Prof. Dr. Santhosh M Mathews, Principal, Pushpagiri College of Pharmacy delivered the presidential address which emphasized on the importance of community awareness for malaria. World Malaria Day theme for this year "Harness innovation to reduce the malaria disease burden and save lives" was introduced by Mrs. Pheba Susan Thomas, Assistant Professor, Department of Pharmacy Practice. Felicitation for the program was delivered by Mrs. Syarmala Sunil, Peringara panchayat ward member. Finally, the Chief Guest, Mr. M. Naushad, Excise Circle Inspector, Government of Kerala gave the inaugural address and officially flagged off the program.

The community awareness program commenced at 09.30am. The Final year Doctor of Pharmacy students conducted the community awareness program in the ward under Mrs. Syarmala Sunil, Peringara panchayat ward member. A total of 24 students and 6 faculty members divided into 3 groups and visited 108 homes in the ward. Various topics like vector control measures, disposal of stagnant water and clinical manifestations of malaria were addressed. The students actively took part in educating the public and ensured that all doubts regarding malaria were clarified. The team returned at 11.00am after successful completion and refreshments were provided at the college.

  
Dr. Nithin Maheshwar R  
(General Convenor)

  
Mrs. Pheba Susan Thomas  
(Convenor)

  
Mrs. Malini S  
(Coordinator)

  
Dr. Santhosh M Mathews  
(Principal)



**j. Blood Donor Day 2022:**



**PUSHPAGIRI COLLEGE OF PHARMACY**

NSS unit

in association with

Department of Pharmacy Practice organizes

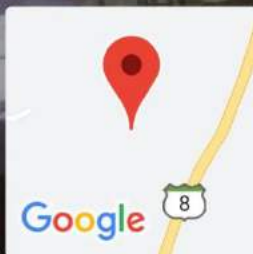
**BLOOD DONATION CAMP**



**THEME: "Donating blood is an act of solidarity.  
Join the effort and save lives."**

**WORLD BLOOD DONATION DAY, JUNE 14, 2022**

**VENUE: Blood bank, Pushpagiri medical college hospital**



Perumthuruthy, Kerala, India  
Pushpagiri Medical Society  
Lat 9.176949°  
Long 76.857246°  
14/06/22 09:54 AM

GPS Map Camera



## A REPORT ON WORLD BLOODDONOR DAY 14 TH JUNE 2022

THEME - "Donating blood is an act of solidarity. Join the effort and save lives"

**Organized by: NSS unit in association with Department of Pharmacy Practice**

A Blood Donation camp was organized by the NSS unit of Pushpagiri College of Pharmacy in association with the Department of Pharmacy Practice at the Blood centre in Pushpagiri Medical College Hospital in connection with "World Blood Donor Day".

The inaugural function was introduced by Dr. Santhosh M Mathews and was followed by the welcome address which was done by Dr. Jomin George Joseph, Assistant Professor. Rev. Fr. Jose Kallumalickal, CEO, Pushpagiri Group of Institutions inaugurated the camp officially and keynote address regarding the importance of blood donation was given by Dr V P Sasidharan, Professor & HOD, Department of ImmunoHaematology & Blood Transfusion Medicine at Pushpagiri Medical College Hospital.

Felicitation to the blood donation camp was given by Rev. Fr. George Valiaparambil, Director, Pushpagiri Medical College and Dr. Nithin Manohar R, HOD, Department of Pharmacy Practice which was followed by the vote of thanks by Mrs. Archana Vijai, Assistant Professor, Pushpagiri College of Pharmacy.

Voluntary blood donation was performed by Pharm D students from VI ,V and II year and the camp was adjourned at 11 30 am.

  
Dr. Nithin Manohar R  
(General Convenor)

  
Dr. Jomin George Joseph  
(Convenor)

  
Mrs. Archana Vijai  
(Coordinator)

  
Dr. Santhosh M Mathews  
(Principal)



**k. Monkey Pox:**

**PUSHPAGIRI COLLEGE OF PHARMACY**  
(A Unit of Pushpagiri Medical Society)  
Pushpagiri Medical City, M. C. Road, Perumthuruthy P.O., Thiruvalla 689 107, Kerala, India.  
Approved by Govt. of Kerala, Pharmacy Council of India, AICTE  
and Affiliated to Kerala University of Health Sciences (KUHS)

ACCREDITED BY  
**NAAC**

**19.08.2022  
10.00 AM**

**Inauguration**

**Sri. Jose Pazhadom**  
**Presided by**

**Fr. Aby Vadakkumthala**  
**Felicitation**

**Sri. Mathews Chalakuzhy**

**Monkey Pox Awareness Campaign**

- Public Meeting
- Flash Mob
- Awareness Classes
- Pamphlet Distribution

**Venue : KSRTC Bus Terminal Tiruvalla**





## REPORT ON MONKEYPOX AWARENESS PROGRAMME

Organized by Department of Pharmacy Practice in Association with NSS Unit

A public & community awareness program on monkey pox was organized by the Department of Pharmacy Practice in association with N.S.S Unit on 19<sup>th</sup> & 20<sup>th</sup> of August 2022. The first day public awareness programme was organized at 10.00 am in KSRTC Bus Terminal, Thiruvalla. The programme commenced with the welcome address by Prof. Dr. Santhosh M Mathews, Principal, Pushpagiri College of Pharmacy in which he emphasized on the importance of public awareness about monkey pox. Followed by the welcome address, Rev. Fr. Aby Vadakkumthala (Director-Institutions, Pushpagiri Medical Society) delivered the Presidential Address. Mrs. Malini S (Associate Professor, Pushpagiri College of Pharmacy), gave an elaborate description about the history, causes, symptoms and prevention of monkey pox and boosted the public with self-awareness on the issue prevalent in the present situation. Followed by the subject introduction, inaugural address was delivered by Shri. Jose Pazhyadam (Vice Chairman-Thiruvalla Municipality). A leaflet prepared by Department of Pharmacy Practice highlighted the history, symptoms, diagnosis, prevention as well as the treatment options for monkey pox was unveiled by Vice Chairman & handover to the general public. Felicitation for the program was delivered by Shri. Mathews Chalakuzhy (Counsellor, Thiruvalla Municipality). The inaugural function was concluded with vote of thanks by Dr. Nithin Manohar R, (NSS coordinator & vice principal). As part of awareness programme, fifth Year Pharm D students performed a flash mob in front of KSRTC bus terminal. A total of 28 students and 6 faculty members awared the public about this issue with the help of leaflet. The students actively took part in educating the public and ensured that all doubts regarding monkey pox were clarified. The team returned at 11.00am after successful completion and refreshments were provided at the college.

A community awareness programme was organized in the next day at Community hall, Peringara Gramapanchayath. The programme commenced at 10.00am with a prayer song by Kudumbasree members of Peringara Gramapanchayath. The welcome address was delivered by Prof. Dr. Santhosh M Mathews (Principal, Pushpagiri College of Pharmacy) followed by the presidential address from Rev. Fr. Aby Vadakkumthala (Director- Institutions, Pushpagiri Medical Society). Mrs. Latha Kumari (Junior health inspector, Peringara Gramapanchayath) inaugurated the programme. In her inaugural address, she highlighted the importance of providing awareness about monkey pox to the local community. During her inaugural address, leaflet was also distributed to the audience. Felicitation for the program was delivered by Mrs. Sharmila Sunil (Ward member, Peringara Gramapanchayath) & Mrs. Ambily Reji (ASHA worker, Peringara Gramapanchayath). The inaugural function ended up with the vote of thanks delivered by CDS coordinator, Peringara Gramapanchayath. Followed by inaugural function, flash mob was performed by fifth Year Pharm D students. Students and faculties visited around 40 nearby houses of the panchayat and counselled the community about various aspects of monkeypox. The public appreciated the effort by the institution and took a vow to spread the message to prevent and control monkeypox so as to protect the society. The feedback was collected from the community and they also encouraged the students to conduct this kind of awareness programmes in future. The programme was wrapped up by 12.00 pm with refreshment.

Coordinator



Principal

